

way. Info: 481-2587, www.ppld.org.

- The Monument Branch Library hours are Mon.-Thu., 9 a.m.-9 p.m., Fri. & Sat, 10 a.m.-6 p.m., Sun., 1-5 p.m. 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.

WEEKLY AND MONTHLY EVENTS

- Wesley Owens Coffee & Cafe Waffle Saturdays, 7 a.m., 1744 Lake Woodmoor Dr., Monument. Check out the new summer menu, offering gluten-free options. Info: 719-238-0725.
- Monument Hill Farmers Market, every Sat., 8 a.m.-2 p.m., In front of the D-38 Administration Building at 2nd and Jefferson St., Downtown Monument. Park behind the administration building or in the Catholic Church parking lot. Playground for the kids. Many new vendors plus all your old favorites! Info: 592-9420.
- Monument Hill Kiwanis Club Breakfast Meeting, every Sat., 8 a.m., new meeting place, D-38 Administration Building, 146 Jefferson St., Monument. Guests are welcome to the weekly meetings that feature speakers on a variety of topics and a free buffet breakfast. Join the 140+ men and women of the Tri-Lakes area who work together on projects to support our community. Info: Bob Hayes, 481-9693, www.monumenthillkiwanis.org.
- Monument Community Yoga, every Sat., 9 a.m., Woodmoor Community Center, 1691 Woodmoor Dr., Monument. All levels. Cost: cash donation. Info: BePresentYogaLLC@gmail.com.
- Bingo by the American Legion, every Sat., game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant, in Palmer Lake. Proceeds go to scholarships and other community support activities. Info: 481-8668, www.americanlegiontrilakespost911.com/bingo.htm.
- Watercolor Painting Demo, with art class afterward, every Sat.-Sun., 3-5 p.m. For watercolor art for fun and good health, join Janet Sellers and get free local scene coloring pages while she demos at local cultural, coffee, and food spots. RSVP & Info: janetsellers10@gmail.com, 357-7454.
- Tri-Lakes United Methodist Church Worship Hours, every Sun., 8, 9:30, & 11 a.m., Sunday school, all ages, 9:30 a.m., 20256 Hunting Downs Way, Monument. Info: 488-1365, www.tlumc.org.
- Tri-Lakes Reformed Church Sunday Worship, every Sun., 9:45 a.m., Woodmoor Community Center, 1691 Woodmoor Dr., Monument. Info: www.trilakesreformed.org.
- Cathedral Rock Church Sunday Service, every Sun., 10 a.m., Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. Info: www.cathedralrockchurch.org.
- Tai-Chi Class, every Mon., 9-10:30 a.m., Palmer Lake Town Hall, 28 Valley Crescent. Cost: \$5. Drop-ins welcome. Info: 481-2953, www.townofpalmerlake.com.
- Seniors: Tai Chi Classes, every Mon., 11-noon, Senior Center at Lewis-Palmer High School (across from the YMCA). This soft, slow, and gentle form of exercise has many benefits. Registration required. \$3 suggested donation. RSVP & Info: 464-6873.
- Seniors Monday Movie Matinee, every Mon., 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance Senior Beat.
- Sew Motion Knitting & Crochet Social Group, every Mon., 3-5 p.m., 862 Hwy 105, Palmer Lake. Drop in, work on your yarn related projects, meet some new like-minded friends. No membership fee, no obligation. Info: 481-1565, www.sew-motion.com.
- Artfully Speaking Toastmasters, every Mon., 5:45 p.m., DeVry University, 1175 Kelly Johnson Blvd., room 13. Info: Jon Walsh, 640-9428; www.artfully-speaking.toastmastersclubs.org.
- Women's A.A. Step Study, every Mon., 6 p.m. Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- Yin Yoga Classes, every Mon., 6:30-7:45 p.m., Yoga Pathways Studio, 755 Hwy 105, West End Center, Suite A (3/4 mile west of Safeway). A slow yoga practice; all levels welcome. First class always free. Info: Deb Harano, 338-8467; DimensionsYoga@gmail.com.
- Monument Hill Kiwanis Bingo, every Mon., 7:30 pm, Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: mark.zeiger@gmail.com.
- Senior Citizen Luncheons, every Mon.-Fri., 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
- Western Museum of Mining & Industry (WMMI), open Mon.-Sat., 9 a.m.-4 p.m., daily guided tours at 10 a.m. and 1 p.m. Cost: \$8 adults, \$7 military/AAA, \$6 seniors & students, \$4 children 3-12, free to children under 3 & museum members. WMMI is located at 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, info@wmmi.org, www.wmmi.org.
- Tri-Lakes Silver Alliance Thrift Store, open Mon.-Sat., 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. All proceeds support Tri-Lakes Senior Programs. To donate furniture, call 488-3495 for a pickup. See ad on page 32. Info: www.TriLakesSeniors.org.
- Tri-Lakes YMCA Senior Coffee, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
- Al-anon Meeting: Monument Serenity, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- Act II Thrift Shop, open Tue.-Fri., 10 a.m.-5 p.m.; Sat., 10 a.m.-2 p.m. Proceeds benefit Tri-Lakes area non-profits. Info: 487-3268, cara@mynorthlandchurch.org, www.mynorthlandchurch.org/act-ii.
- Palmer Divide Run Club Social Run, every Wed., 6 p.m., If you like to run or walk a 5K and enjoy local food and beverages, join us! Info: PalmerDivideRunClub@gmail.com, www.facebook.com/PalmerDivideRunClub/
- Tri-Lakes Church of Christ Wednesday Night Fellowship Meal (Free) & Classes, every Wed., 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
- Concerts in the Park, every Wed., through Aug. 2, 7-9 p.m., Limbach Park, 151 Front St., Monument. Music, food, and fun for the family. Bring chairs, blankets. Info: www.trilakeschamber.com and click on 'Events.'
- Al-anon Meeting: Letting Go, every Thu., 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- A.A. Big Book Study, every Thu., 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- Summer Nights at The Speedtrap, every Thu.-Sat., Jul. 1-29, dinner served 5-9 p.m., live music 8-11 p.m. (Thu. 7-10 p.m.), full service bar all evening; 84 Hwy 105, Palmer Lake. See the ad on page 6 for July music schedule. Info: 488-2007, www.speedtrapbistro.com.
- Tri-Lakes Land Use Committee Meeting, Mon., Jul. 3, 6:30-8:30 p.m., 166 2nd St., Monument. Get involved: give input on proposed developments in the Tri-Lakes area to influence the direction of growth. All are welcome. Meets 1st Mon. each month. Info: TriLakesluc@gmail.com.
- Monument Homemakers Club Monthly Potluck Lunch & Meeting, Thu., Jul. 6, 11:30 a.m., Tri-Lakes Chamber of Commerce, 166 Second St., Monument. Meets 1st Thu. each month except Jan. and unless D-38 is delayed or closed. Newcomers welcome. For a ride to the meeting, call Faye Breneman, 488-0076. RSVP & info: Irene Walters, 481-1188, or Bev Wells, 488-3327.
- Palmer Divide Quiltmakers, Thu., Jul. 6, 6:30 p.m. social, 7 p.m. meeting, Trinity Lutheran Church 17750 Knollwood Dr., Monument. Meets 1st Thu. each month. Info: pdq504@gmail.com.
- Tri-Lakes Lions Club, Thu., Jul. 6, 6:30 p.m. social, 7-8 p.m. meeting, The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. Meets 1st Thu. each month. Info: David Prejean, 434-7031.
- American Legion Tri-Lakes Post 9-11, Tue., NO MEETING IN JULY, Depot Restaurant, Hwy 105 & Primrose St., Palmer Lake. New members welcome. Normally meets 1st Tue. each month, 6:30 p.m. Info: 481-8668, commander@americanlegiontrilakespost911.com.
- Gleneagle Sertoma Luncheon Meeting, Wed., Jul. 5, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., Colo. Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma.org.
- Senior Bingo, Thu., Jul. 6, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
- Bridge, Thu., Jul. 6, 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
- Legacy Sertoma Dinner Meeting, Thu., Jul. 6, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
- Ben Lomond Gun Club, Tri-Lakes Chapter, Thu., Jul. 6, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
- La Leche League Meeting, Fri., Jul. 7, 10 a.m., Monument Branch Library, 1706 Lake Woodmoor Dr.
- Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, kdghorashi@gmail.com.
- El Paso County Hazardous Materials & Recycling Collection Facility, Sat., Jul. 8, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Accepts documents from private households for shredding, up to two legal paper-sized boxes. Bring a nonperishable food item for Care and Share. Info: 520-7878, http://adm.elpasoco.com/Environmental_Services/Solid_Waste_Management.
- Palmer Lake Art Group, Sat., Jul. 8, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, www.palmerlakeartgroup.com.
- Alzheimer's Caregiver Support Group, Sat., Jul. 8, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.
- Chess Nuts, Mon., Jul. 10, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Mon. each month. Info: www.TriLakesSeniors.org/chess.
- Palmer Divide Photographers Group, Mon., Jul. 10, 7 p.m., Tri-Lakes Center for the Arts, 304 Hwy 105, Palmer Lake. All are welcome. Meets 2nd Mon. each month. Info: www.pdphotographers.com.
- Tri-Lakes Chamber Monthly Education Series: Search Engine Optimization & Digital Marketing Tips, Tue., Jul. 11, 11:30 a.m.-1:30 p.m., 166 Second St., Monument. Register online, www.trilakeschamber.com/events-calendar.htm. Info: 481-3282.
- Foot Care Clinic, Wed., Jul. 12, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- Black Forest AARP Potluck Lunch & Meeting, Wed., Jul. 12, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. Info: Chuck, 749-9227, or www.aarp-chapter1100blackforest.weebly.com.
- NEPCO Meeting, Sat., Jul. 15, 10 a.m.-noon, New Monument Town Hall & Police Building, 645 Beacon Lite Rd., Monument. Water Board Managers Forum is scheduled. All are welcome to this meeting of local homeowners associations. Info: 481-2723 or visit www.nepco.org.
- Tri-Lakes Parkinson's Disease Support Group, Sat., Jul. 15, 10 a.m.-noon, Tri-Lakes Senior Center on the Lewis-Palmer High School campus (across the street from the YMCA). Discuss doctor recommendations, new drugs and procedures, Parkinson's-related VA health services and disability benefits, and more. Patients, caregivers, friends, and relatives are all welcome. Venue is wheelchair-accessible. Coffee and snacks will be provided. Meets 3rd Sat. each month. Info: Kent Jarnig, 488-8351.
- Drummers! Mon., Jul. 17, 6:30 p.m., summer location in Limbach Park, Monument, next to the band shell. Free and open to all ages. Bring any kind of drum or other hand percussion instrument. Beginners welcome! Meets 3rd Mon. each month. Info: Nan, 466-1257.
- Amateur Radio WØTLM (Tri-Lakes Monument Radio Association), Mon., Jul. 17, 7 p.m. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. Info: Joyce Witte, 661-9824, Joycewitte@gmail.com; www.WØTLM.com.
- Senior Tea, Tue., Jul. 18, 1-3 p.m., Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize, bring a salad or dessert to share. Meat dishes and tea provided. Voluntary donations welcome. Meets 3rd Tue. each month. Info: Irene C., 484-0517.
- Fibromyalgia Support Group, Tue., Jul. 18, 5 p.m., Police Station, 7850 Goddard (1 block off Academy on Kelly Johnson near Chapel Hills Mall), Community Room just inside main entrance. A DVD will play 5-6 p.m.; meeting starts at 6 p.m. Share concerns and success stories and talk to a D.O. Learn how you can become pain-free. No charge, no products sold. Meets 3rd Tue. each month. Info: 481-2230.
- Outpouring: TLUMC Supporting our Community, Tue., Jul. 18, 7 p.m., back Barrel Room at Pikes Peak Brewing Company, 1756 Lake Woodmoor Dr., Monument. Everyone is welcome. Meets 3rd Tue. each month. Info: Mr. Lynn Weber 488-2832, LWeber1971@aol.com.
- Veterans of Foreign Wars Post 7829, Tue., Jul. 18, 7 p.m., Monument Hill Country Club 18945 Pebble