

In April, the board approved the chief's request to hire three more full-time firefighters, using savings they obtained by paying off the Station 2 loan early. Wescott has operated and maintained a 15 full-time firefighter staff supporting the larger district (before annexation by Colorado Springs). Last year they supported the reduced service area with the same staff level needed for the larger area. With 66 percent less area and residents to service, why do they need a 20 percent increase in firefighter staff?

Three of the current board members are seeking

election for another term, but it is time for a change. Please go vote at the polling place on May 8.

Gary Rusnak

D38—just follow the rule of law

Wow—really! Now we know why D38 has secretly met over the past several months. At the April 19 board meeting, Director Chris Taylor, who was elected in November 2017, outlined several issues from those executive meetings. Among those are (1) an ongoing controversy about the D38 school lawyer's advice that an employee

lie about a meeting audiotape (2) Director Taylor's self-admission that he violated Colorado's Open Meeting Act. FYI: By revealing these exclusive executive session details, Director Taylor once again broke the law.

So how do we fix this royal D38 mess—training on Colorado law, a new school lawyer, a new leadership team, or all of the above? Surely we can all at least agree that our elected officials—each and every one of them—must follow the rule of law.

Sharon Schafer ■

Between the Covers at Covered Treasures Bookstore

Encourage and inspire mom

By the staff at Covered Treasures

"My mother ... she is beautiful, softened at the edges and tempered with a spine of steel. I want to grow old and be like her."—Jodi Picoult

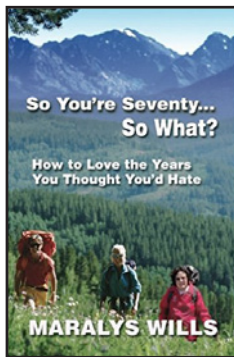
"There is a fountain of youth: It is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age."—Sophia Loren

Mother's Day is May 13. Give mom books to help her age gracefully, stay healthy, and live life to the fullest so you can have her around as long as possible.

So You're Seventy . . . So What? How to Love the Years You Thought You'd Hate

By Maralys Wills (Lemon Lane Press) \$12.95

Seventy can seem younger than middle age with changes to certain habits. This book is filled with tips including better ways to exercise, to enhance your brain, the miracles of vitamin C, and more.



I've Decided to Live 120 Years: The Ancient Secret to Longevity, Vitality, and Life Transformation

By Ilchi Lee (Best Life Media) \$19.95

New York Times bestselling author and renowned meditation teacher Ilchi Lee challenges you to radically rethink your ideas on aging, health, personal fulfillment, and what's possible in your lifetime. Through personal experience, compelling stories, the wisdom of an an-

cient Korean holistic practice, and current research on longevity and fulfillment, Lee lays out a clear path to make the necessary changes that would make a 120-year life full of vitality, passion, and purpose possible.

How to Babysit a Grandma

By Jean Reagan (Alfred A. Knopf) \$16.99

Celebrate the special bond between grandmas and grandchildren in this delightful book that puts the kids in charge of taking care of grandma, if just for one day. When you babysit a grandma, if you're lucky, you'll have a sleepover at her house. And with the useful tips found in this book, you're guaranteed to become an expert grandma-sitter in no time.

Dynamic Aging

By Katy Bowman (Propriometrics Press) \$16.95

Geared specifically for those 50-plus, *Dynamic Aging* details exercises that require no special equipment and includes modifications for readers of all fitness levels, as well as information on moving more in daily life. It is also filled with stories and advice from four septuagenarians who have been doing this program and have avoided surgeries, eliminated pain, and regained freedom and ease in their bodies they thought they had permanently lost to old age. The book's message: No matter where you are starting, if you change how you move, you can change how you feel.

Sixty: My Year of Aging Semi-Gracefully

By Ian Brown (The Experiment Publishing) \$15.95

As acclaimed journalist and author Ian Brown's 60th birthday loomed, every moment seemed to present a choice: confront, or deny, the biological fact that the end was now closer than the beginning. Brown chose instead

to notice every moment and capture what he was experiencing. Sixty is the result: an uncensored, seriocomic report, a slalom of day-to-day dramas (as husband, father, brother, friend, and neighbor), inquisitive reporting, and acute insights from the line between middle-aged and soon-to-be-elderly.

Younger Next Year for Women: Live Strong, Fit, and Sexy until You're 80 and Beyond

By Chris Crowley and Henry Lodge, M.D. (Workman Publishing) \$12.95

This book shows women how to become functionally younger for the next five to 10 years and continue to live thereafter with newfound vitality. It details how to avoid 70 percent of the normal problems of aging and eliminate 50 percent of illness and injury, and how to live brilliantly for the three decades or more after menopause.

You Are My Wish

By Maryann Cusimano Love (Philomel Books) \$16.99

This book honors the special bond between grandparent and grandchild, the one of passing along tradition, joyful spoiling, nurturing imagination, and pure adoration. Whether it's the sharing of stories or romping horsey rides, silly tickle fights, or lazy fishing trips, there's truly nothing like it.

"My mother was the most beautiful woman I ever saw.

All I am I owe to my mother. I attribute my success in life to the moral, intellectual and physical education I received from her."—George Washington

Until next month, happy reading.

The Covered Treasures staff can be reached at books@ocn.com.

May Library Events

Enjoy family activities such as button making while adults continue drawing classes

By Harriet Halbig

May brings a variety of activities to the library, including button making, creation of miniature books, and drawing classes for adults.

Family programs

The May Family Fun program on Saturday, May 12 from 2:30 to 3:30 is Cool Science Kinetic Explosions. Marc Straub from Cool Science returns to teach us about forces, motion, and energy. Then attendees will try some hands-on activities building woven craft stick chain-reaction explosions.

The Lego Build Club will meet on Saturday, May 19 from 10 to 11:30. Build to your heart's content with fellow enthusiasts.

Enjoy a button-making session on Monday, May 21 from 2:30 to 4. Design your own button or choose from funny phrases and favorite things.

Tween programs

Tweens and Teens are invited to celebrate Free Comic Book Day on Saturday, May 5 from 1 to 2. Join us to make perler bead keychains of superheroes. We'll create pixel art of characters using perler beads, then iron them together and attach them to a keychain. Use one of our templates or create your own art. Ages 9 to 18 are welcome.

Tweens and teens are invited to an origami class on Wednesday, May 9 from 3:30 to 4:30. Mother's Day is coming up fast! Learn some origami designs to give as a gift or keep for yourself. Connie Stanton will teach us to make mint boxes, 3D hearts, and more in this class. Open to ages 9 to 18. Registration is required.

Teen programs

See above section for descriptions of Comic Book Day and origami programs.

Every Wednesday from 3 to 4:30, an intergenerational knitting group meets in the study room. Practice materials are provided, but attendees are encour-

aged to bring their own materials. Some instruction is provided for those new to the world of knitting.

Are you interested in earning volunteer hours? Do you like being able to set your own schedule? Stop by on Saturday, May 5 from 2 to 3 to learn about the Teen Advisory Board. You can meet with fellow members to talk about ways to make the Teen Zone better, ideas for book displays or events at the library, and many other topics, all while earning volunteer hours.

Come to the library any Monday from 3:30 to 7 to take advantage of AfterMath, free math tutoring for all ages and all math levels, taught by experienced adult tutors. No appointment is needed; simply drop by. The tutoring follows the D-38 schedule. The last session will be May 14.

The Teen Arts and Crafts program on May 30 from 4 to 5:30 is 3D Printing Pens. We'll be using 3Doodlers to draw our own 3D designs. All supplies will be provided. Open to ages 9 to 18. Registration is required as supplies are limited.

The Monument Library Anime Club will meet from 5 to 6:30 on Thursday, May 31. Come watch and enjoy anime with others who love it, too. Nothing rated above 13/14+ will be viewed. This club is recommended for ages 13/14+.

Adult programs

Please see above section for a description of intergenerational knitting.

On Sunday, May 6 there will be a program on the use of essential oils. Instructor Sharon Simpson-Dogon will discuss "supporting your spirit with essential oils, a beginner's journey." She will explain properties of the oils and how to use them.

The Monumental Bookworms will meet on Tuesday, May 8 from 7 to 8:30 to discuss *Big Stone Gap* by Adriana Trigiani. All are welcome to this book group sponsored by the Tri-Lakes Friends of the Library.

Connie Stanton will teach an origami class on

Wednesday, May 9 from 2:30 to 3:30. We will make mint boxes, 3D hearts, and other projects. Registration is required.

The Second Thursday Craft for May is Miniature Books. We will make tiny, hand-bound books. Create your own pint-size library and turn them into keychains or create your favorite books in miniature. The program will be on Thursday, May 10 from 2 to 4. Registration is required and opens one week before craft day.

On Saturday, May 12 from 10 to noon, learn some helpful techniques for meditation, taught by two experienced local teachers from LightPoint Pranic Healing. No registration required.

Thursday, May 17 from 1 to 3, members of the Palmer Lake Art Group will teach beginning and intermediate drawing. Some supplies will be provided, but bring paper, pencils, and erasers. Open to ages 18 and up. Space is limited, so registration is required.

The Monumental Readers will meet from 10 to noon on Friday, May 18 to discuss *A Walk in the Woods* by Bill Bryson. All are welcome and no registration is required.

All are welcome to join or observe a Spinning Group on Thursday, May 24 from 1:30 to 3:45.

In the display case during May will be fairy doors by Jass Bell. On the walls will be oil paintings by LeVeda Frasier.

Palmer Lake Library Events

The Palmer Lake Book Group meets at 9 a.m. on the first Friday of each month. Please call 481-2587 for the latest selection.

Story Time is at 10:30 each Wednesday, and Toddler Time is at 10:30 on Fridays.

Denise Gard and her border collies will present a program at 10:30 on Saturday, May 19 with interactive tales about giants and other magical creatures. All ages are welcome.

Harriet Halbig may be reached at harriethalbig@ocn.me.