

support our community. Info: Bob Hayes, 481-9693, [www.monumenthillkiwanis.org](http://www.monumenthillkiwanis.org). See ad on page 11.

- **The Wine Seller Free Wine Tastings**, every **Sat.**, 1-4 p.m., 2805 Roberts Dr., Monument. Info: 488-3019, [www.thewineseller.net](http://www.thewineseller.net). See ad on page 3.
- **Bingo by the American Legion**, every **Sat.**, game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant, in Palmer Lake. Proceeds go to scholarships and other community support activities. Info: 481-8668, [www.american-legiontrilakespost911.com/bingo.htm](http://www.american-legiontrilakespost911.com/bingo.htm).
- **Watercolor Painting Demo**, with art class afterward, every **Sat.-Sun.**, 3-5 p.m. For watercolor art for fun and good health, join Janet Sellers and get free local scene coloring pages while she demos at local cultural, coffee, and food spots. RSVP & Info: [janetsellers10@gmail.com](mailto:janetsellers10@gmail.com), 357-7454.
- **Fuel Church** Sunday Service, every **Sun.**, 9:30 a.m. fellowship with free donuts and coffee, 10 a.m. main service; 14960 Woodcarver Rd. (just west of I-25 off Baptist Road). Non-denominational, spirit-led. Info: [info@fuel.org](mailto:info@fuel.org), [www.fuelchurch.org](http://www.fuelchurch.org). See ads on pages 5 and 17.
- **Tri-Lakes United Methodist Church** Worship Hours, every **Sun.**, traditional services 8 & 11 a.m., contemporary service 9:30 a.m., Sunday school, all ages, 9:30 a.m., 20256 Hunting Downs Way, Monument. Info: 488-1365, [www.tlumc.org](http://www.tlumc.org). See ad on page 3.
- **Cathedral Rock Church** Sunday Service, every **Sun.**, 10 a.m., Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. Info: [www.cathedralrockchurch.org](http://www.cathedralrockchurch.org). See ad on page 11.
- **Tai-Chi Class**, every **Mon.**, 10 a.m., Palmer Lake Town Hall, 28 Valley Crescent. Cost: \$5. Drop-ins welcome. Info: 481-2953, [www.townofpalmerlake.com](http://www.townofpalmerlake.com).
- **Seniors: Tai Chi Classes**, every **Mon.**, 11-noon, Silver Alliance Senior Center at Lewis-Palmer High School (across from the YMCA). This soft, slow, and gentle form of exercise has many benefits. Registration required. \$3 suggested donation. RSVP & Info: 464-6873.
- **Seniors Monday Movie Matinee**, every **Mon.**, 1-4 p.m., Silver Alliance Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance Senior Beat.
- **Artfully Speaking Toastmasters**, every **Mon.**, 5:45 p.m., DeVry University, 1175 Kelly Johnson Blvd., room 13. Info: Jon Walsh, 640-9428; [www.artfullyspeaking.toastmastersclubs.org](http://www.artfullyspeaking.toastmastersclubs.org).
- **Women's A.A. Step Study**, every **Mon.**, 6 p.m. Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Yin Yoga Classes**, every **Mon.**, 6:30-7:45 p.m., Yoga Pathways Studio, 755 Hwy 105, West End Center, Suite A (3/4 mile west of Safeway). A slow yoga practice; all levels welcome. First class always free. Info: Deb Harano, 338-8467; [DimensionsYoga@gmail.com](mailto:DimensionsYoga@gmail.com).
- **Monument Hill Kiwanis Bingo**, every **Mon.**, 7:30 pm, Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: [mark.zeiger@gmail.com](mailto:mark.zeiger@gmail.com).
- **Farmers' Market at Western Museum of Mining & Industry (WMMI)**, every **Mon. & Wed.**, 10 a.m.-3 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, [info@wmmi.org](mailto:info@wmmi.org), [www.wmmi.org](http://www.wmmi.org).
- **Adult Literacy Class**, every **Mon. & Wed.**, 6-7:30 p.m., D-38 Admin. Building, 146 Jefferson St., Monument. Open to the public. Info: 488-4700.
- **Senior Citizen Luncheons**, every **Mon.-Fri.**, 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
- **Western Museum of Mining & Industry (WMMI)**, open **Mon.-Sat.**, 9 a.m.-4 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Daily guided tours at 10 a.m. and 1 p.m. Cost: \$10 adults, \$9 military/AAA, \$8 seniors & students, \$6 children 3-12, free to children under 3 & museum members. Info: 488-0880, [info@wmmi.org](mailto:info@wmmi.org), [www.wmmi.org](http://www.wmmi.org).
- **Tri-Lakes Silver Alliance Thrift Store**, open **Mon.-Sat.**, 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. Military & Teacher Appreciation Day, 20% off regular priced items

on Saturdays. All proceeds support Tri-Lakes Senior Programs. To donate furniture, call 488-3495 for a pickup. Info: [www.TriLakesSeniors.org](http://www.TriLakesSeniors.org).

- **Tri-Lakes YMCA Senior Coffee**, every **Tue.**, 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, [hbrandon@ppymca.org](mailto:hbrandon@ppymca.org), [www.ppymca.org](http://www.ppymca.org).
- **Al-anon Meeting: Monument Serenity**, every **Tue.**, 7:30-8:30 p.m., Ascent Church (formerly the Tri-Lakes Chapel), 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **Act II Thrift Shop**, open **Tue.-Fri.**, 10 a.m.-5 p.m.; **Sat.**, 10 a.m.-2 p.m. Proceeds benefit Tri-Lakes area non-profits. Info: 487-3268, [cara@mynorthlandchurch.org](mailto:cara@mynorthlandchurch.org), [www.mynorthlandchurch.org/act-ii](http://www.mynorthlandchurch.org/act-ii).
- **Tri-Lakes Church of Christ** Wednesday Night Fellowship Meal (Free) & Classes, every **Wed.**, 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, [gregsmith@trilakeschurch.org](mailto:gregsmith@trilakeschurch.org), [www.trilakeschurch.org](http://www.trilakeschurch.org).
- **Al-anon Meeting: Letting Go**, every **Thu.**, 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **A.A. Big Book Study**, every **Thu.**, 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Live music at the Speedtrap**, every **Thu.** open mic 7-9:30 p.m., musicians every **Fri. & Sat.**, 8-11 p.m., 84 Hwy 105, Palmer Lake. Info: 488-2007, [www.speedtrapbistro.com](http://www.speedtrapbistro.com). See ad on page 5.
- **Group of Artists (GOA) Meetings** at Tri-Lakes Center for the Arts, **Sat., Aug. 4**, 10 a.m.-noon, 304 Hwy 105, Palmer Lake. Lively discussions about art topics, general studies on creativity. Meets 1st Sat. each month. Info: 481-0475, [info@trilakesarts.org](mailto:info@trilakesarts.org), [www.trilakesarts.org](http://www.trilakesarts.org).
- **Foot Care Clinic**, **Wed., Aug. 8**, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- **Senior Bingo**, **Thu., Aug. 9**, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
- **Bridge**, **Thu., Aug. 9**, 1-4 p.m., Silver Alliance Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
- **Legacy Sertoma Dinner Meeting**, **Thu., Aug. 9**, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
- **Ben Lomond Gun Club**, Tri-Lakes Chapter, **Thu., Aug. 9**, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
- **La Leche League Meeting**, **Fri., Aug. 10**, noon-1 p.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, [kdghorashi@gmail.com](mailto:kdghorashi@gmail.com).
- **El Paso County Hazardous Materials & Recycling Collection Facility**, **Sat., Aug. 11**, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as **Mon.-Thu.**, 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Accepts documents from private households for shredding, up to two legal paper-sized boxes. Bring a nonperishable food item for Care and Share. Info: 520-7878, [http://adm.elpasoco.com/Environmental\\_Services/Solid\\_Waste\\_Management](http://adm.elpasoco.com/Environmental_Services/Solid_Waste_Management).
- **Palmer Lake Art Group**, **Sat., Aug. 11**, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, [www.palmerlakeartgroup.com](http://www.palmerlakeartgroup.com).
- **Alzheimer's Caregiver Support Group**, **Sat.**,

**Aug. 11**, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.

- **Random Acts of Kindness**, **Sat., Aug. 11**, 1-4 p.m., location and activity varies each month. Join other community members to collect food or toy donations, rake leaves, shovel snow, or whatever the need is. Meets 2nd Sat. each month. Info: Melinda Reichal, 719-313-0688, [mreichal@aol.com](mailto:mreichal@aol.com).
- **Palmer Divide Photographers Group**, **Mon., Aug. 13**, 7 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. Award-winning photographer Greg Griffin presents "The Art of Street Photography." All are welcome. Meets 2nd Mon. each month. Info: [www.pdphotographers.com](http://www.pdphotographers.com).
- **Pikes Peak Music Teachers Association Meeting**, **Tue., Aug. 14**, 9 a.m., Graner Music, 4460 Barnes Rd., Colo. Springs. Music teachers and students, meet for coffee, a meeting, and program presentation. Meets 2nd Tue. each month. Info: Susan Marten, 231-9272, [www.ppmta.org](http://www.ppmta.org).
- **Chess Nuts**, **Tue., Aug. 14**, 5-9 p.m., Silver Alliance Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Tue. each month. Info: [www.TriLakesSeniors.org/chess](http://www.TriLakesSeniors.org/chess).
- **Western Museum of Mining & Industry (WMMI) Speakers' Bureau Lecture**, **Tue., Aug. 14**, doors open 6 p.m., lecture 7-8 p.m.; 225 North Gate Blvd. (I-25 Exit 156 A). Nick Iwanicki, Special Collections Librarian in Residence at the Colorado School of Mines. Cost: \$5, members free. RSVP & Info: 488-0880, [rsvp@wmmi.org](mailto:rsvp@wmmi.org), [www.wmmi.org](http://www.wmmi.org).
- **Black Forest AARP Potluck Lunch & Meeting**, No meeting in August, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month, noon. Info: Stan, 596-6787, or [www.aarpchapter1100blackforest.weebly.com](http://www.aarpchapter1100blackforest.weebly.com).
- **Gleneagle Sertoma Luncheon Meeting**, **Wed., Aug. 15**, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; [www.gleneaglesertoma.org](http://www.gleneaglesertoma.org).
- **Senior Bingo**, **Wed., Aug. 15**, 1-2 p.m., Silver Alliance Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873.
- **Veterans of Foreign Wars Post 7829**, **Wed., Aug. 15**, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Wed. each month. Info: Post Commander Joe Carlson, 405-326-2588, [jcarlson@vfw7829.org](mailto:jcarlson@vfw7829.org), [www.vfw7829.org](http://www.vfw7829.org).
- **VFW Auxiliary to Post 7829**, **Wed., Aug. 15**, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, [carlsonmkc@aol.com](mailto:carlsonmkc@aol.com).
- **Senior Tea**, **Thu., Aug. 16**, 12-1:30 p.m., Silver Alliance Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize. Volunteers needed. Meets 3rd Thu. each month. Reservations required: contact

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