


- **Aliyah Congregation**, every **Sat.**, 10 a.m., Mountain Community Mennonite Church, 643 Highway 105, Palmer Lake. Visitors are welcome. Info: 330-2382, [www.aliyahcongregation.com](http://www.aliyahcongregation.com). See ad on page 31.
- **The Wine Seller Free Wine Tastings**, every **Sat.**, 1-4 p.m., 2805 Roberts Dr., Monument. Info: 488-3019, [www.thewineseller.net](http://www.thewineseller.net). See ad on page 3.
- **Bingo** by the American Legion, every **Sat.**, game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant in Palmer Lake. Proceeds go to scholarships and other community support activities. Info: 481-8668, [www.americanlegiontrilakespost911.com/bingo.htm](http://www.americanlegiontrilakespost911.com/bingo.htm).
- **Watercolor Painting Demo**, most **Sat.-Sun.**, 11 a.m.-1 p.m. Join Janet Sellers' painting demo, followed by art class at local cultural, gallery, and nature spots. For weekly location: 357-7454, [janetsellers10@gmail.com](mailto:janetsellers10@gmail.com).
- **Fuel Church** Sunday Service, every **Sun.**, 9:30 a.m. fellowship with free donuts and coffee, 10 a.m. main service; 14960 Woodcarver Rd. (just west of I-25 off Baptist Road). Non-denominational, spirit-led. Info: [info@fuel.org](mailto:info@fuel.org), [www.fuelchurch.org](http://www.fuelchurch.org). See ad on page 11.
- **Tri-Lakes United Methodist Church** Worship Hours, every **Sun.**, traditional services 8 & 11 a.m., contemporary service 9:30 a.m., Sunday school, all ages, 9:30 a.m., 20256 Hunting Downs Way, Monument. Info: 488-1365, [www.tlumc.org](http://www.tlumc.org). See ad on page 3.
- **Black Forest Community Church** Sunday Worship, every **Sun.**, 10 a.m., 6845 Shoup Rd. All are welcome to the family friendly services. Info: [www.bfcc-ucc.org](http://www.bfcc-ucc.org).
- **Cathedral Rock Church** Sunday Service, every **Sun.**, 10 a.m., Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. Info: [www.cathedralrockchurch.org](http://www.cathedralrockchurch.org). See ad on page 11.
- **Art after Hours at Gallery 132**, dates and times vary, 251 Front St., Suite 8, Monument. Check the website for low-cost classes in the Art after Hours series; enjoy refreshments and hors d'oeuvres while creating a unique piece of art. Info: 375-8187, [info@gallery132.com](mailto:info@gallery132.com), [www.gallery132.com](http://www.gallery132.com).
- **Tai-Chi Class**, every **Mon.**, 10 a.m., Palmer Lake Town Hall, 28 Valley Crescent. Cost: \$5. Drop-ins welcome. Info: 481-2953, [www.townofpalmerlake.com](http://www.townofpalmerlake.com).
- **Seniors Monday Movie Matinee**, every **Mon.**, 1-4 p.m., Silver Alliance Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance *Senior Beat*.
- **Artfully Speaking Toastmasters**, every **Mon.**, 5:45 p.m., DeVry University, 1175 Kelly Johnson Blvd., room 13. Info: Jon Walsh, 640-9428; [www.artfully-speaking.toastmastersclubs.org](http://www.artfully-speaking.toastmastersclubs.org).
- **Women's A.A. Step Study**, every **Mon.**, 6 p.m. Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Monument Life Recovery Group**, every **Mon.**, 6:30-8 p.m., The Ascent Church, 1750 Deer Creek Rd. This faith-based support group is for those seeking freedom from all hurts, habits, and hang ups. Find support seeking freedom from addictions and family members with practical tools for change. Daycare provided for children under age 11. Info: 481-3600.
- **Yin Yoga Classes**, every **Mon.**, 6:30-7:45 p.m., Yoga Pathways Studio, 755 Hwy 105, West End Center, Suite A (3/4 mile west of Safeway). A slow yoga practice; all levels welcome. First class always free. Info: Deb Harano, 338-8467; [DimensionsYoga@gmail.com](mailto:DimensionsYoga@gmail.com). See ad on page 4.
- **Monument Hill Kiwanis Bingo**, every **Mon.**, 7:30 p.m., Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: [mark.zeiger@gmail.com](mailto:mark.zeiger@gmail.com).
- **Adult Literacy Class**, every **Mon. & Wed.**, 6-7:30 p.m., D-38 Admin. Building, 146 Jefferson St., Monument. Open to the public. Info: 488-4700.
- **Blue Wave Taekwondo Club**, every **Mon. & Thu.**, 5:30 p.m., Woodmoor Barn, 1691 Woodmoor Dr. New members welcome. Cost: \$15 ea. to cover rental, first class FREE! Info: Alex Ratcliff, [TaekwondoBlue-Wave@gmail.com](mailto:TaekwondoBlue-Wave@gmail.com), 817-962-8044. See ad on page 7.
- **Senior Citizen Luncheons**, every **Mon.-Fri.**, 12-12:30 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the Senior Beat newsletter. A \$2.25 donation is requested. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 884-2304.
- **Western Museum of Mining & Industry (WMMI)**, open **Mon.-Sat.**, 9 a.m.-4 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Free child admission with a paid adult during April. Daily guided tours at 10 a.m. and 1 p.m. Cost: \$10 adults, \$9 military/AAA, \$8 seniors & students, \$6 children 3-12, free to children under 3 & museum members. Info: 488-0880, [info@wmmi.org](mailto:info@wmmi.org), [www.wmmi.org](http://www.wmmi.org).
- **Tri-Lakes Silver Alliance Thrift Store**, open **Mon.-Sat.**, 10 a.m.-4 p.m., 755 Hwy 105, Suite N, in the West End Center. Seniors 62+ get a 20% discount on Wednesdays. Military & Teacher Appreciation Day, 20% off regular priced items on Saturdays. All proceeds support Tri-Lakes Senior Programs. To donate furniture, call 488-3495 for a pickup. Info: [www.TriLakesSeniors.org](http://www.TriLakesSeniors.org).
- **Tri-Lakes YMCA Senior Coffee**, every **Tue.**, 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 630-2604, [hbrandon@ppymca.org](mailto:hbrandon@ppymca.org), [www.ppymca.org](http://www.ppymca.org).
- **Al-anon Meeting: Monument Serenity**, every **Tue.**, 7:30-8:30 p.m., Ascent Church (formerly the Tri-Lakes Chapel), 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **Peak Reader Children's Literacy Program**, every **Tue. & Thu.**, 5:30-6:30 p.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Free one-to-one tutoring for children reading below grade level. To enroll your child or volunteer as a tutor, visit [www.childrensliteracycenter.org](http://www.childrensliteracycenter.org) or call 471-8672.
- **Act II Thrift Shop**, open **Tue.-Fri.**, 10 a.m.-5 p.m.; **Sat.**, 10 a.m.-2 p.m. Proceeds benefit Tri-Lakes area nonprofits. Info: 487-3268, [cara@mynorthlandchurch.org](mailto:cara@mynorthlandchurch.org), [www.mynorthlandchurch.org/act-ii](http://www.mynorthlandchurch.org/act-ii).
- **Palmer Divide Run Club**, every **Wed.** through Oct. 30, 6 p.m., The Stube, 292 Hwy. 105, Palmer Lake. Come run or hike one of four local 2-5 mile trail or dirt road courses. Each run will have a short and longer route. Optional social hour afterwards. Info: Instagram, Strava, [PalmerDivideRunClub@gmail.com](mailto:PalmerDivideRunClub@gmail.com), or [www.facebook.com/PalmerDivideRunClub/](http://www.facebook.com/PalmerDivideRunClub/)
- **Tri-Lakes Church of Christ** Wednesday Night Fellowship Meal (Free) & Classes, every **Wed.**, 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, [gregsmith@trilakeschurch.org](mailto:gregsmith@trilakeschurch.org), [www.trilakeschurch.org](http://www.trilakeschurch.org).
- **Al-anon Meeting: Letting Go**, every **Thu.**, 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **A.A. Big Book Study**, every **Thu.**, 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Overeaters Anonymous Big Book Study**, every **Thu.**, 7-8 p.m., Natural Grocers, 1216 W. Baptist Rd., Monument. Info: Beth, 773-682-1223; or Nancy, 640-3343.
- **Live Music at the Speedtrap**, every **Thu.** open mic 7-9:30 p.m., musicians every **Fri. & Sat.**, 8-11 p.m., 84 Hwy 105, Palmer Lake. Info: 488-2007, [www.speed-trapbistro.com](http://www.speed-trapbistro.com). See ad on page 5.
- **Take Off Pounds Sensibly (TOPS)**, every **Fri.**, 8 a.m., Monument Chamber of Commerce, 166 2nd St., Monument. Info: Terry, 684-4912, or visit [www.TOPs.org](http://www.TOPs.org).
- **Group of Artists (GOA) Meetings at Tri-Lakes Center for the Arts**, **Sat., May 4**, 10 a.m.-noon, 304 Hwy 105, Palmer Lake. Lively discussions about art topics, general studies on creativity. Meets 1st Sat. each month. Info: 481-0475, [info@trilakesarts.org](mailto:info@trilakesarts.org), [www.trilakesarts.org](http://www.trilakesarts.org).
- **Black Forest AARP Potluck Lunch & Meeting**, **Wed., May 8**, 11:30 a.m., 12455 Black Forest Rd. Sarah Schaefer from Mt. View Electric, will speak on saving energy in the home. All ages welcome. Meets 2nd Wed. each month. RSVP & Info: Stan, 596-6787, [www.aarpchapter1100blackforest.weebly.com](http://www.aarpchapter1100blackforest.weebly.com).
- **Foot Care Clinic**, **Wed., May 8**, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- **Senior Bingo**, **Thu., May 9**, Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
- **Ben Lomond Gun Club**, Tri-Lakes Chapter, **Thu., May 9**, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
- **Silver Center Book Club**, **Fri., May 10**, 11 a.m.-noon, Senior Center located across the street from the Tri-Lakes YMCA, on Lewis-Palmer High School campus. All are welcome. Meets 2nd Fri. each month. Coffee & snacks served. RSVP & Info: Sue, 330-0241.
- **La Leche League Meeting**, **Fri., May 10**, noon-1 p.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, [kdghorashi@gmail.com](mailto:kdghorashi@gmail.com).
- **El Paso County Hazardous Materials & Recycling Collection Facility**, **Sat., May 11**, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as **Mon.-Thu.**, 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Bring a nonperishable food item for Care and Share. Info: 520-7878, [http://adm.elpasoco.com/Environmental\\_Services/Solid\\_Waste\\_Management](http://adm.elpasoco.com/Environmental_Services/Solid_Waste_Management).
- **Palmer Lake Art Group**, **Sat., May 11**, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, [www.palmerlakeartgroup.com](http://www.palmerlakeartgroup.com).
- **Alzheimer's Caregiver Support Group**, **Sat., May 11**, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.
- **Palmer Divide Photographers Group: Roh Teaches Action Photography**, **Mon., May 13**, 7 p.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. All are welcome. Meets 2nd Mon. each month. Info: 649-4241, [www.pdphotographers.com](http://www.pdphotographers.com).
- **Pikes Peak Music Teachers Association Meeting**, **Tue., May 14**, 9:30 a.m., Graner Music, 4460 Barnes Rd., Colo. Springs. Music teachers and students meet for coffee, a meeting, and program presentation at 11 a.m. Meets 2nd Tue. each month. Info: Susan Marten, [skmarten@hotmail.com](mailto:skmarten@hotmail.com), [www.ppmta.org](http://www.ppmta.org).
- **Chess Nuts**, **Tue., May 14**, 5-9 p.m., Silver Alliance Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Tue. each month. Info: [www.TriLakesSeniors.org/chess](http://www.TriLakesSeniors.org/chess).
- **Western Museum of Mining & Industry (WMMI) Speakers' Bureau**, **Tue., May 14**, 7-8:30 p.m., 225 North Gate Blvd. (I-25 Exit 156 A). Richard Parsons presents *Introduction to Micromounting*. Cost: \$5. RSVP & Info: 488-0880, [RSVP@wmmi.org](mailto:RSVP@wmmi.org), [www.wmmi.org](http://www.wmmi.org).
- **Tri-Lakes Chamber Monthly Education Series: Cybersecurity Simplified: What Your Small Business Needs to Know**, **Wed., May 15**, 9 a.m.-noon, 166 Second St., Monument. Free. Register online, [www.trilakeschamber.com/events-calendar.htm](http://www.trilakeschamber.com/events-calendar.htm). Info: 481-3282.
- **Gleneagle Sertoma Luncheon Meeting**, **Wed., May 15**, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; [www.gleneaglesertoma.org](http://www.gleneaglesertoma.org).
- **Senior Bingo**, **Wed., May 15**, 1-2 p.m., Silver Alliance Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873.
- **Drummers!** **Wed., May 15**, 6:30-8 p.m., Yoga Pathways Studio, West End Center, 775 Hwy 105, Palmer Lake. Free and open to all ages. Bring any kind of drum or other hand percussion instrument. Beginners welcome! Meets 3rd Wed. each month. Info: Nan, 466-1257, [nananddon@hotmail.com](mailto:nananddon@hotmail.com).
- **Veterans of Foreign Wars Post 7829**, **Wed., May 15**, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Wed. each month. Info: Post Commander Joe Carlson, 405-326-2588, [jcarlson@vfw7829.org](mailto:jcarlson@vfw7829.org), [www.vfw7829.org](http://www.vfw7829.org).
- **VFW Auxiliary to Post 7829**, **Wed., May 15**, 7 p.m., The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, [carlsonmkc@aol.com](mailto:carlsonmkc@aol.com).
- **Senior Tea**, **Thu., May 16**, 12-1:30 p.m., Silver Alliance Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize. Volunteers needed. Meets 3rd Thu. each month. Reservations required: contact Sue, 464-6873, [sue@monumentalfitness.com](mailto:sue@monumentalfitness.com).
- **Palmer Lake Historical Society: Troubadours on Horseback: The History of the Singing Cowboy**, **Thu., May 16**, 6:30 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Presenter is Donna Guthrie, noted Colorado Springs author. All are welcome, refreshments served. Meets 3rd Thu. each month. Info: 559-0837, [www.palmerdividehistory.org](http://www.palmerdividehistory.org).
- **Foot Care Clinic**, **Fri., May 17**, Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the

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