

- Zoom meeting. If you are interested in dialing in, please email RF Smith, info@MHKiwanis.org; every Sat., 10 a.m.,** Guests are welcome at weekly meetings featuring speakers on a variety of topics and a free continental breakfast at normal meetings. Memberships open to the public. Join the 150+ men & women of the Tri-Lakes area who work together to make a difference for youth and our community. Info: RF Smith, 719-210-4987, www.MHKiwanis.org. See ad on page 3.
- **Aliyah Congregation, see the website for online sessions and live-streaming of services, every Sat., 10 a.m.,** Mountain Community Mennonite Church, 643 Highway 105, Palmer Lake. Visitors are welcome. Info: 719-330-2382, templealiyah.org.
 - **Neighborhood Net, every Sat., 10 a.m.** Amateur radio operators practice for emergencies on weekly repeater nets so neighbors can help neighbors. Sign up at www.mereowx.org/neighborhood-net or contactus@mereowx.org.
 - **The Wine Seller Free Wine Tastings, SUSPENDED, every Sat., 1-4 p.m.,** 2805 Roberts Dr., Monument. Info: 719-488-3019, www.thewineseller.net.
 - **Bingo by the American Legion, SUSPENDED, every Sat.,** game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant, in Palmer Lake. Proceeds go to scholarships and other community support activities. Info: 719-481-8668, <http://legionpost9-11.org/>.
 - **Lions Clubs Bingo, SUSPENDED, every Sat., 10 a.m.,** and Wed., 7 p.m.; Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. Tri-Lakes Lions Club's portion of the proceeds benefit those in need in the Tri-Lakes Community. Info: Jim Naylor, 719-481-8741 or www.trilakeslionsclub.org
 - **Lucretia Vaile Museum, closed for now,** 66 Lower Glenway St., Palmer Lake. Free. The museum houses items of local historical significance. Special displays rotate every 4-6 months. Info: 719-559-0837, PLHS@PalmerDivideHistory.org.
 - **Faithful Friends, SUSPENDED, Sat., Jun. 6, 3-4:30 p.m.,** Wesley Owens Coffee & Cafe, 1744 Lake Woodmoor Dr., Monument. Meets 1st Sat. each month. RSVP & Info: Ellen, 303-526-5000.
 - **Artful Outdoors, all ages: online classes for now.** Innovative weekly art and nature talks, diy demonstrations every **Sat.-Sun., 1-3 p.m.** and by appointment. Join Janet and watch live online: diy art techniques at local nature and art spots. Info: janetsellers@ocn.me, www.StartMyArt.com.
 - **Fuel Church Sunday Service, check the website for Sunday service information, every Sun., 14960** Woodcarver Rd. (just west of I-25 off Baptist Road). Non-denominational, spirit led. Info: info@fuel.org, www.fuelchurch.org. See ad on page 14.
 - **Tri-Lakes United Methodist Church, Sunday worship livestreams at tlumc.org/live and facebook.com/tlumc and youtube.com/tlumc:** Every **Sun.,** Contemporary at 9:30 a.m., Traditional at 11 a.m. If you are over 60 or have an underlying health condition and need groceries, a prescription, etc. but would prefer to stay home, phone Margie, 20256 Hunting Downs Way, Monument. Info: 719-488-1365, tlumc.org. See ad on page 3.
 - **Black Forest Community Church Sunday Worship, recorded services www.facebook.com/BlackForestCommunityChurch/ every Sun., 10 a.m.,** 6845 Shoup Rd. All are welcome to the family friendly services. Info: www.blackforestcommunitychurch.org.
 - **Cathedral Rock Church Sunday Service, check the website for virtual service, every Sun., 10 a.m.,** Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. Info & link to the YouTube channel: www.cathedral-rockchurch.org.
 - **Seniors Monday Movie Matinee, SUSPENDED, every Mon., 1-4 p.m.,** Silver Alliance Senior Center located on Lewis-Palmer High School campus. Free movies and snacks. See the schedule of films in Tri-Lakes Silver Alliance Senior Beat.
 - **Artfully Speaking Toastmasters, Zoom Meeting, every Mon., 5:45 p.m.,** 4452 North Chestnut St., room 252, Colo. Springs. Info: Glenn, 719-260-6551; www.artfullyspeaking.toastmastersclubs.org.
 - **Women's A.A. Step Study, meeting remotely, check for details, every Mon., 6:30 p.m.,** Family of Christ Lutheran Church, 675 Baptist Rd. Park in west lot. Info: 719-360-4306.
 - **Monument Life Recovery Group, SUSPENDED, check the website, every Mon., 6:30-8 p.m.,** The Ascent Church, 1750 Deer Creek Rd. This faith-based support group is for those seeking freedom from all hurts, habits, and hang ups. Daycare provided for children under age 11. Info: 719-481-3600, liferecoverygroups.com/meetings/life-recovery-group-3/.
 - **Monument Hill Kiwanis Bingo, SUSPENDED, every Mon., 7:30 p.m.,** Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: bingo@mhkiwanis.org.
 - **Senior Citizen Luncheons, Connections Café sites will have "grab and go" (prepared meals).** A \$2.25 donation is requested. Please call 719-884-2300 to reserve your meal. Meals on Wheels and Home Delivered Meals will deliver frozen meals for the week to Monument on Wednesdays. Food Pantry is implementing a "pick up only" model for clients. **Mon.-Fri., 12-12:30 p.m.,** Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. See the menu for the month in the Senior Beat newsletter. Stay for bingo the 2nd Thu. each month. Reservations are requested, phone 719-884-2300.
 - **Western Museum of Mining & Industry (WMMI), indoor tours resume, Mon., Wed., Fri., & Sat., 10 a.m.-2 p.m.,** 225 North Gate Blvd. (I-25 Exit 156 A). Tours now accommodate social distancing and Covid-19 safety standards. Retail gift shop is open. Special hour for vulnerable population is 9-10 a.m. Please call in advance. Cost: \$11 adults, \$10 military/AAA, \$9 seniors & students, \$6 children 3-12, free to children under 3 & museum members. Info: 719-488-0880, info@wmmi.org, www.wmmi.org.
 - **Tri-Lakes Silver Alliance Thrift Store, SUSPENDED, open Mon.-Sat., 10 a.m.-4 p.m.,** 755 Hwy 105, Suite N, in the West End Center. All proceeds support Tri-Lakes Senior Programs. Volunteers needed, phone 716-464-6873. To donate furniture, call 719-488-3495 for a pickup. Info: www.TriLakesSeniors.org.
 - **Tri-Lakes YMCA Senior Coffee, SUSPENDED, every Tue., 9:30-11:30 a.m.,** 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee and snacks in the front lobby. Free. Info: 719-630-2604, hbrandon@ppymca.org, www.ppymca.org.
 - **Adult Children of Alcoholics/Dysfunctional Families Meeting: ACA Promises, Zoom Meeting, 6:30-7:30 p.m. Tuesdays,** Virtual meeting for next 4-6 weeks. Join the Tuesday night group for the next several weeks. To join, go to <https://zoom.us/j/364135242>, or dial 312 626 6799, Meeting ID: 364 135 242. every Tue., 6:30-7:30 p.m., Natural Grocers meeting room, 1216 W. Baptist Rd., Monument. Learn to re-parent yourself with gentleness, humor, love, and respect. Info: Stacey, 206-384-8285, www.adultchildren.org (click on Newcomer).
 - **Al-anon Meeting: Monument Serenity, visit www.al-anon-co.org to find on-line and phone meetings** every **Tue., 7:30-8:30 p.m.,** Ascent Church (formerly the Tri-Lakes Chapel), 1750 Deer Creek Rd., Monument. Info: Kay, 719-481-9258, www.al-anon-co.org.
 - **Essentrics Fitness Program at Senior Center, SUSPENDED, every Tue. at 12:30 p.m. & Thu. at 8 a.m.,** Lewis-Palmer High School modular building across from the YMCA, on Jackson Creek Pkwy. Registration & Info: Sue Walker, 719-330-0241.
 - **Peak Reader Children's Literacy Program, SUSPENDED, every Tue. & Thu., 5:30-6:30 p.m.,** Monument Branch Library, 1706 Lake Woodmoor Dr. Free one-to-one tutoring for children reading below grade level. To enroll your child or volunteer as a tutor, visit www.childrensliteracycenter.org or call 719-471-8672.
 - **Tri-Lakes Church of Christ Wednesday Night Fellowship Meal (Free) & Classes, SUSPENDED, every Wed., 6-7:30 p.m.,** 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
 - **Al-anon Meeting: Letting Go, visit www.al-anon-co.org to find on-line and phone meetings** every **Thu., 9-10:10 a.m.,** Ascent Church, 1750 Deer Creek Rd., Monument. Info: www.al-anon-co.org.
 - **A.A. Big Book Study, Call 425-436-6200, access code 575176# every Thu., 7 p.m.,** Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 719-481-0431.
 - **Live Music at the Speedtrap, SUSPENDED, every Thu. open mic 7-9:30 p.m.,** musicians every Fri. & Sat., 8-11 p.m., 84 Hwy 105, Palmer Lake. Info: 719-488-2007, www.speedtrapbistro.com. For a list of featured musicians.
 - **Take Off Pounds Sensibly (TOPS), SUSPENDED, every Fri., 8 a.m.,** Monument Chamber of Commerce, 166 2nd St., Monument. Info: Terry, 719-684-4912, or visit www.TOPs.org.
 - **Group of Artists (GOA) Meetings at Tri-Lakes Center for the Arts (TLCA), SUSPENDED, Sat., Jun. 6, 10 a.m.-noon,** 304 Hwy 105, Palmer Lake. Lively discussions about art topics, general studies on creativity. Meets 1st Sat. each month. Info: 481-0475, info@trilakesarts.org, www.trilakesarts.org.
 - **Black Forest AARP Potluck Lunch & Meeting, SUSPENDED, Wed., Jun. 10, 11:30 a.m.,** 12455 Black Forest Rd. Personal preparedness. Program: The Impact of Dementia on Caregiving by Kent Mathews, Pikes Peak Area Agency on Aging. All ages welcome. Meets 2nd Wed. each month. RSVP & Info: Stan, 596-6787, www.aarpchapter1100blackforest.weebly.com.
 - **Foot Care Clinic, SUSPENDED, Wed., Jun. 10,** Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 719-577-4448.
 - **Senior Bingo, SUSPENDED, Thu., Jun. 11,** Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 719-488-3037.
 - **Bridge, SUSPENDED, Thu., Jun. 11, 1-4 p.m.,** Silver Alliance Senior Center, 1300 Higby Rd., Monument. Meets 2nd Thu. each month, Sept.-June. Info: www.trilakeseniors.org/programs/events.html.
 - **Ben Lomond Gun Club, Tri-Lakes Chapter, Thu., Jun. 11, 7 p.m.,** Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 719-481-3364.
 - **Silver Center Book Club, SUSPENDED, Fri., Jun. 12, 11 a.m.-noon,** Senior Center located across the street from the Tri-Lakes YMCA, on Lewis-Palmer High School campus. All are welcome. Meets 2nd Fri. each month. Coffee & snacks served. RSVP & Info: Sue, 719-330-0241.
 - **El Paso County Hazardous Materials & Recycling Collection Facility, appointments required, phone 719-520-7878 or check the website to book online, Sat., Jun. 13, 9 a.m.-1 p.m.,** 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Bring a nonperishable food item for Care and Share. Info: 719-520-7878, communityservices.elpasoco.com/environmental-division.
 - **Palmer Lake Art Group, check the website, Sat., Jun. 13, 9 a.m.,** Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 719-460-4179, www.palmerlakeartgroup.com.
 - **Alzheimer's Caregiver Support Group, SUSPENDED, Sat., Jun. 13, 9:45-11:30 a.m.,** The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 719-481-3711.
 - **Amateur Radio WOTLM (Tri-Lakes Monument Radio Association), check the website, Mon., Jun. 15,** All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. Check the website for details. Info: Joyce Witte, 719-661-9824, Joycewitte@gmail.com; www.WOTLM.com.
 - **Outpouring: TLUMC Supporting our Community, check the website, Tue., Jun. 16, 7 p.m.,** Pikes Peak Brewing Company, 1756 Lake Woodmoor Dr., Monument. Everyone is welcome. Meets 3rd Tue. each month. Info: LWeber1971@aol.com; for speaker info go to <http://tlumc.org/outreach/outpouring>.
 - **Gleneagle Sertoma Luncheon Meeting, SUSPENDED, Wed., Jun. 17, 11:30 a.m.,** Liberty Heights, 12105 Ambassador Dr., Colo. Springs. Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 719-433-5396; Duane Gritzmaker, 719-481-2424; www.gleneagle-sertoma.org.
 - **Senior Bingo, SUSPENDED, Wed., Jun. 17, 1-2 p.m.,** Silver Alliance Senior Center, Lewis-Palmer High School campus. Meets 3rd Wed. each month. Info: Sue Walker, 464-6873.
 - **Veterans of Foreign Wars Post 7829, via Zoom.com; POC Delbert Zehrung, 559-362-3223, Wed., Jun. 17, 7 p.m.,** The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Wed. each month. Info: Post Commander Joe Carlson, 405-326-2588, jcarlson@vfw7829.org, www.vfw7829.org.
 - **VFW Auxiliary to Post 7829, meeting by videoconference, Wed., Jun. 17, 7 p.m.,** The Country Club at Woodmoor, 18945 Pebble Beach Way, Monument. Guests are welcome to join; contact carlsonmkc@aol.com for instructions on how to connect. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 719-488-1902, carlsonmkc@aol.com.
 - **Tri-Lakes Chamber Networking Breakfast, Thu., Jun. 18, 7:30-9 a.m.,** 166 Second St., Monument. This week's speakers: Debbie and Donna Mabon, Goosebumps Cryotherapy; and TBD. Check the website and register online, www.trilakeschamber.com. Meets 1st & 3rd Thu. each month. Info: Laura, 719-481-3282; laura@trilakeschamber.com.
 - **Senior Tea, SUSPENDED, Thu., Jun. 18, 12-1:30 p.m.,** Silver Alliance Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize. Volunteers needed. Meets 3rd Thu. each month. Reservations required: contact Sue, 464-6873, sue@monumentfitness.com.
 - **Palmer Lake Historical Society Meeting, SUSPENDED, Thu., Jun. 18, 7 p.m.,** Palmer Lake Town Hall, 28 Valley Crescent. All are welcome. Meets 3rd Thu. each month. Info: 719-559-0837, www.palmerdividehistory.org.
 - **Gleneagle Women's Club, SUSPENDED, Fri., Jun. 19,** Come for lunch, book discussions, bridge, and more. Location for lunch varies. Meets every third Fri., Sept.-June. Info: Syble Krafft, 719-488-2669.
 - **Foot Care Clinic, SUSPENDED, Fri., Jun. 19,** Silver Alliance Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines feet and provides foot care advice, toenail trimming. Cost: \$35 for a 30-min. visit. Meets 2nd Wed., 3rd and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 719-577-4448.
 - **The Breakfast Club, SUSPENDED, Sat., Jun. 20, 8:30 a.m.,** The Ridge at Castle Pines North (Ridge Grill and