## **CPR/AED/First Aid classes**



Above: What will you do if someone collapses in front of you? Or if someone is injured in an accident or an attack? At a Heartsaver CPR/AED/First Aid class, instructor Carley Lehman had students practice when and how to perform basic cardiopulmonary resuscitation CPR compressions and breathing. Then they learned how to use an AED (automated external defibrillator) which can help those experiencing sudden cardiac arrest. First aid for bleeding and other trauma followed. Finally, the class practiced real-life scenarios as Lehman kept adding twists and interesting variables. Three more classes will be offered in 2023 at Tri-Lakes United Methodist Church (TLUMC): April 8, July 8, and Oct. 14. We hope you will sign up and practice to be ready to help when emergency strikes. Write to André Mouton, leader of the TLUMC Emergency Preparedness Group, at epg@ tlumc.org. Pictured: In a practice scenario in the church sanctuary, "a member of the audience at a choir concert" passed out and required emergency assistance. Some CPR class members "treated" the patient while others called 911, got the AED and first aid kit, helped the "distraught friend" of the victim, and shepherded audience members out of the way if they were not trained in first aid and could not help. Photo by Lisa Hatfield.

# Wildfire Neighborhood Ambassadors



Above: Residents of Black Forest Park, east of Roller Coaster Road in El Paso County, earned a free chipping day in 2022 when one of their neighbors, Steve Jeroslow, attended the Wildfire Neighborhood Ambassadors class, communicated with his neighbors, and organized the effort. The 2023 class kicked off Feb. 21, and you can still sign up and catch up. This is the third annual presentation of the series, which has trained 60 personnel in 30 neighborhoods in 10 different localities in Colorado, Montana, and Oregon. Tri-Lakes United Methodist Church Emergency Preparedness Group (TLUMC EPG) is a 2020 national award winner in the wildfire mitigation arena and has conducted numerous wildland fire risk reduction projects. EPG wants you to do your homework in your yard and home before a wildfire comes here again! Write to André Mouton, leader of TLUMC EPG, at epg@tlumc. org. *Photo by Lisa Hatfield*.

# **Black Forest Boy Scout Chili Supper**



**Left:** Bridger Nelson served chili when the Black Forest Boy Scout Troop 70 held its annual chili dinner on Sat., Feb. 25, at the Black Forest community center. In addition to the delicious chili and accompanying dishes, a silent auction also helped raise funds for the scouts and their community. *Photo by Creighton Smith*.

#### **Palmer Lake Valentine's Dinner**



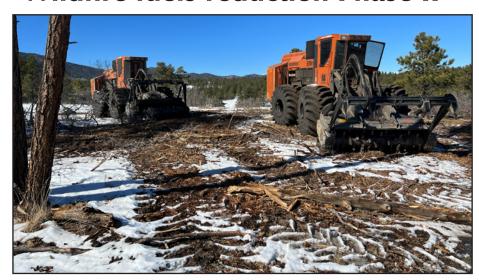
Above: On Feb. 11, Palmer Lake hosted a Valentine's dinner and dance event called "All You Need is Love" at the Town Hall. The Palmer Lake Fun Raisers!, an Awake Palmer Lake committee, hosted the event to raise funds to build concrete steps on the east side of the pedestrian bridge at Palmer Lake. The committee includes Laurie Caves, Cathy Wilcox, Tish Torweihe, Nikki McDonald, and Cindy Graff. Awake Palmer Lake is a 501(3)c organization that fundraises via various events to keep the lake and surrounding areas beautiful. The event featured a dinner donated by former Mayor Nikki McDonald's company Catering by Nikky along with dance lessons. Attendees could purchase tickets for the dance only or for the full event. In the photo, Caves greets attendees at the front door. For information on upcoming events, see http://awakepalmerlake.org. *Photo by Jackie Burhans* 

## **Bearbotics at State Champships**



Above: Three Monument Bearbotics teams placed in the Colorado FIRST's State Championship in Fort Collins on Feb. 18. Bearbotics FIRST Tech Challenge (FTC) Team Beta got the second-place Innovate Award. Team Sigma earned the third-place Control Award, and Team Alpha scored the third-place Design Award. The high school students had to skillfully maneuver their robots through an electrical power substation game field to perform precision technical tasks using autonomous functions, computer vision, advanced software controls, and other techniques while avoiding collisions with the other three robots on the field. Each of the advanced robots was designed and built entirely by students, including the software. Bearbotics coach Jeanette Breton, in photo, was awarded a special Compass Award for giving outstanding guidance and mentorship to the teams throughout the year. *Photo by Mike Hinkle*.

### Wildfire fuels reduction Phase II



**Above:** BARKO 930B excavators clear large swaths of dense Gambel oak, undergrowth, and some pine trees in the trail areas northwest of the memorial grove and south of Monument Fire Center in the Monument Preserve on Feb. 18-19. The second year of the U.S. Forest Service three-year project is well underway, with large areas already cleared. The project is part of an ongoing effort to reduce fuels that put the area at risk for high-intensity, potentially catastrophic wildfires for the residents living in the wildland urban interface. During Phase 2, trail users are advised to stay at least 300 feet from the areas being cleared because the excavators have been known to throw debris long range. The third phase is planned for winter 2024. For more information, contact the Pikes Peak Ranger District office at 719-636-1602 or visit www.fs.usda.gov. *Photo by Natalie Barszcz*.