

in transit. Free mulch is available for self-loading during normal business hours; for large quantities of mulch, an end loader is available only on Saturdays, 7 a.m.-4 p.m., charging \$5 for two cubic yards. This free program accepts cash donations for the Black Forest Slash and Mulch Committee and food items and checks for Care & Share. For more information, visit bfslash.org or call Ruth Ann Steele at 495-3107, Carolyn Brown, 495-3127, Jeff DeWitt, 495-8024, or the county Environmental Division, 520-7878.

Free help line for fire victims

Optum, a leading health and behavioral health services company, is offering a free emotional-support help line to those affected by wildfires. The service is free of charge and open to anyone. Specially trained Optum mental health specialists help people manage their stress and anxiety so they can continue to address their everyday needs. Callers may also receive referrals to community resources to help them with specific concerns, including financial and legal matters. The toll-free number, 866-342-6892, will be open 24 hours a day, seven days a week, for as long as necessary.

Black Forest Trail and Wildlife Habitat Restoration,

The recent Black Forest fire burned 14,000 acres, destroyed 486 homes, and caused \$85 million in damages. Black Forest Regional Park was not spared from the destruction and post-fire rains have washed away significant amounts of sediment, sending it downhill towards the athletic fields, playground, and other structures. Volunteers will have the opportunity to help slow water and erosion flows by installing log erosion barriers which will protect the park's assets downhill of the burn site. The event is Sat., **Aug. 10**, 8 a.m.-4:30 p.m., at the Black Forest Regional Park, four miles east of I-25 on Shoup Road. Join Volunteers for Outdoor Colorado as they install log erosion barriers and more. Breakfast and lunch will be provided to all registered volunteers at each event. Free to participate; no experience necessary; minimum age: 10. Info & registration: www.voc.org/volunteer or call 303-715-1010.

Walking tours with local historian/filmmaker Jim Sawatzki

Walk in the footsteps of early Monument pioneers. Stroll through Old Town Palmer Lake or visit the Chautauqua grounds and cottages in Glen Park. Journey north to neighboring picturesque Castle Rock. Each tour is 1 1/2 hours. For details, call 481-3963 or visit www.palmerdivi.deproductions.com.

Gardeners needed for Monument Community Garden

The community garden is located in Monument's Lavelett Park on Beacon Lite Road. One garden bed is available to a gardener for personal use. The other bed's harvest will be donated to Tri-Lakes Cares as it has for the last two years. Help is needed with planting, maintaining, and harvesting that bed. Also needed are donations for the purchase of short-season seeds for the Tri-Lakes Cares bed. For more information, contact Leah Squires, 488-5902, leahssquires@gmail.com; or Carol Crossland, 661-1476, cdcland@yahoo.com.

CDOT front range high-speed rail study in progress

The Colorado Department of Transportation (CDOT) Division of Transit & Rail hosted an open house at the Pikes Peak Area Council of Governments May 29 as part of an Interregional Connectivity Study. The study, scheduled to be completed by September, is examining technology, alignment, and funding options for implementing high-speed rail along the Front Range. The study extends from Fort Collins to Pueblo and builds off of past feasibility and technical studies related to high-speed rail options. CDOT has established a website with more detailed information about the study. Residents with ideas and questions should see www.coloradodot.info/projects/ICS or contact Bob Wilson (303) 757-9431.

Newspaper seeks volunteers

Would you like to volunteer with *Our Community News*? You can help with mailing day, write articles, take snapshots and write captions, and more. We'll teach you! Text or call Lisa at 339-7831 to find out more.

Lupus support group forming

If you are interested in joining a lupus support group in the Monument area, please email Diane Bandle, dmbandle@hotmail.com.

Multiple sclerosis support group

A multiple sclerosis (MS) group is forming for the Tri-Lakes and surrounding areas. If interested, please email Susan, susan@cvscorp.com, or visit <http://cvscorp.homeserver.com/ms/>.

Colorado Master Gardener Help Desk Summer Hours

Colorado Master Gardener (CMG) volunteers are ready to assist you with your lawn and gardening questions. CMG volunteers are available at the Colorado State University Extension office Monday through Fridays 9 a.m.-noon. You may call and leave a message at any time at 520-7684, or email your questions to CSUmg2@elpasoco.com.

Reverse 911

With the heightened concern for fire danger along the Front Range, many people want to sign up their home or cell phone for reverse emergency notification. The

El Paso-Teller E-911 Authority Emergency Notification System is used to notify residents of any potential emergencies in their neighborhood. To sign up, go to <https://elptc911.onthealert.com>.

Get volunteer help for your nonprofit

Due to popular demand, the Lewis-Palmer School District is adding a list of volunteer opportunities to its Youth Activities Directory online. Many students are required to participate in community projects for credit and others are just looking for ways to serve. If your nonprofit has a need for volunteers for a one-time project or an ongoing effort and can use volunteers under age 18, obtain a directory listing form at <http://library.constantcontact.com/download/get/file/1101174229838-940/YAS+directory+form.pdf>. Nonprofits may list their volunteer needs in the directory free of charge. For more information, contact Robin Adair, P.O. Box 40, Monument, CO 80132; call 785-4223 or email radair@lewispalmer.org.

Attention Tri-Lakes residents with medical conditions

If you have a medical condition or a physical disability, please contact Jennifer at Tri-Lakes Monument Fire Protection District, 484-0911, to register for emergency assistance if evacuation is required.

Tri-Lakes HAP Senior Center programs

The Tri-Lakes Health Advocacy Partnership Senior Citizens Center is next to the Lewis-Palmer High School Stadium (across from the YMCA) and is open 1-4 p.m. Monday through Friday and earlier for scheduled activities. The facility has a lounge, craft room, game room, and multipurpose room. Programs include pinochle, Tuesdays and Thursdays, noon to 4 p.m.; National Mah-jongg, Fridays, 1-4 p.m.; line dancing, first and second Wednesdays, 1-2 p.m.; tea time, third Tuesday, 1-3 p.m.; bingo, third Wednesday, 12:30-3 p.m. Also available at the center are ping-pong, Wii video games, various puzzles and board games, refreshments, a lending library, computers with Internet connections, and an information table. For more information about programs for seniors, visit www.TriLakesSeniors.org.

Senior Beat newsletter—subscribe for free

Each monthly *Senior Beat* newsletter is full of information for local seniors, including the daily menu of the senior lunches offered Mondays, Wednesdays, and Thursdays in Monument. It also contains the schedule of the classes and events for the month at the Senior Citizens Center. There are articles and notices of events geared toward senior citizens. To subscribe to the free newsletter, send an email with your name and mailing address to SeniorBeat@TriLakesSeniors.org. Senior Beat can also be viewed online at www.TriLakesHAP.org.■

Our Community Calendar

By Judy Barnes, Community Calendar Editor
Although we strive for accuracy in these listings, dates or times are often changed after publication. Please double-check the time and place of any event you wish to attend by calling the info number for that event.

GOVERNMENTAL BODIES

- **Monument Board of Trustees Meeting**, Mon., **Aug. 5**, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st and 3rd Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., **Aug. 6**, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1st & 3rd Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Woodmoor Water & Sanitation District Meeting**, Thu., **Aug. 8**, 1 p.m., 1845 Woodmoor Dr., Monument. Meets 2nd Thu. each month. Info: 488-2525.
- **Palmer Lake Liquor Licensing Authority & Medical Marijuana Authority and Town Council Combined Workshop and Regular Meeting**, Thu., **Aug. 8**, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Normally meets 2nd Thu. each month. Info: 481-2953 (then press 0) or www.ci.palmer-lake.co.us.
- **Tri-Lakes Wastewater Facility Joint Use Committee Meeting**, Tue., **Aug. 13**, 10 a.m., 16510 Mitchell Ave. Meets 2nd Tue. each month. Info: Bill Burks, 481-4053.
- **Triview Metropolitan District Board Meeting**, Tue., **Aug. 13**, 5 p.m., 16055 Old Forest Point, Suite 300, Monument. Meets 2nd Tue. each month. Info:

- 488-6868.
- **Palmer Lake Sanitation District Board Meeting**, Tue., **Aug. 13**, 7 p.m., 120 Middle Glenway. Meets 2nd Tue. each month. Info: 481-2732.
- **Monument Planning Commission Meeting**, Wed., **Aug. 14**, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 2nd Wed. each month. Info: 884-8017.
- **Donala Water & Sanitation District Board Meeting**, Thu., **Aug. 15**, 1:30 p.m., 15850 Holbein Dr., Colorado Springs. Meets 3rd Thu. each month. Info: 488-3603.
- **Lewis-Palmer School District 38 Board Meeting**, Thu., **Aug. 15**, 6 p.m., Learning Center, 146 Jefferson St., Monument. Meets 3rd Thu. each month. Info: 488-4700.
- **Monument Sanitation District Board Meeting**, Thu., **Aug. 15**, 7 p.m., 130 2nd St. Meets 3rd Thu. each month. Info: 481-4886.
- **Monument Board of Trustees Meeting**, Mon., **Aug. 19**, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st and 3rd Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., **Aug. 20**, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1st & 3rd Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Wescott Fire Protection District Board Meeting**, Tue., **Aug. 20**, 7 p.m., Station 1, 15415 Gleneagle Dr. Meets 3rd Tue. each month. Info: 488-8680.
- **Academy Water and Sanitation District Board Meeting**, Wed., **Aug. 21**, 6 p.m., Wescott Fire Station

- 1, 15415 Gleneagle Dr. Meets 3rd Wed. each month. Info: 481-0711.
- **Palmer Lake Planning Commission Meeting**, Wed., **Aug. 21**, 6 p.m., at Palmer Lake Town Hall, 28 Valley Crescent. Meets 3rd Wed. each month. Info: 481-2953 (then press 0) or www.ci.palmer-lake.co.us.
- **Tri-Lakes Monument Fire Protection District Board Meeting**, Wed., **Aug. 28**, 6:30 p.m., 166 Second St., Monument. Meets 4th Wed. each month. Info: Jennifer Martin, 484-0911, www.tri-lakesfire.com.
- **Woodmoor Improvement Association Board Meeting**, Wed., **Aug. 28**, 7 p.m., Woodmoor Barn, 1691 Woodmoor Dr. Meets 4th Wed. each month. Info: 488-2693, www.woodmoor.org.
- **Forest View Acres Water District Board Meeting**, Thu., **Aug. 29**, 6 p.m. Monument Sanitation District boardroom, 130 Second St. Meets 4th Thu. each month. Info: 488-2110, www.fvawd.com.

LOCAL LIBRARY EVENTS

- All Pikes Peak Library District facilities will be closed Monday, Sept. 2, in observance of Labor Day.
- **The Palmer Lake Library** hours are Tue.-Fri., 10 a.m.-6 p.m., and Sat., 10 a.m.-2 p.m. 66 Lower Glenway. Info: 481-2587, www.pppld.org.
 - **The Monument Branch Library** hours are Mon.-Thu., 9 a.m.-9 p.m., Fri. & Sat, 10 a.m.-6 p.m., Sun., 1-5 p.m. 1706 Lake Woodmoor Dr. Info: 488-2370, www.pppld.org.
 - **Monument Library: Paws to Read, Mon. & Wed.**, 3:30-4:30 p.m. Let your child practice reading to a Paws to Read dog. No registration required.