

- **Monument Monument Library's Monumental Readers Book Club**, Fri., Feb. 21, 10-11:30 a.m. All are welcome to this spirited group. Meets 3<sup>rd</sup> Fri. each month. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: Dealing with Dementia in the Family**, Sat., Feb. 22, 2-3:30 p.m. What is dementia and how is it different from Alzheimers? How does one adapt to this ever-changing life? Learn tips and techniques for assisting a loved one with this transition. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **Monument Library: History Buffs Book Discussion Group**, Wed., Feb. 26, 1-3 p.m. Enjoy a trip through history with other history lovers. Meets 4<sup>th</sup> Wed. each month. Monument Branch Library, 1706 Lake Woodmoor Dr. Info: 488-2370, www.ppld.org.
- **The Library Channel (Comcast 17)** broadcasts 24/7. See live simulcasts of programs, recorded presentations, a schedule of Library events, children's story times, an adult literacy program, El Paso County Commissioners meetings, and much more. Find the schedule online at ppld.org, then click on the link "Happenings @ Your Library," then click on the "Comcast 17" link to search the schedule.

### WEEKLY & MONTHLY EVENTS

- **Monument Hill Kiwanis Club Breakfast Meeting**, every Sat., 8 a.m., Mozaic at the Inn at Palmer Divide, 443 Hwy 105, Palmer Lake. Guests are welcome to the weekly meetings that feature speakers on a variety of topics. Info: Susan Adams 719-433-1733.
- **Bingo by the American Legion**, every Sat., game sales start at 6 p.m., games start at 7 p.m., the Depot Restaurant, in Palmer Lake. Proceeds go to scholarships and other community support activities; 70% of the sales go to game prizes and drawing for free food. Info: 481-8668, www.americanlegiontrilakespost911.com/bingo.htm.
- **Women's A.A. Step Study**, every Mon., 6 p.m. Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Senior Lunches at the old Monument Town Hall**, every Mon. & Thu., except the 1<sup>st</sup> Thu. each month and holidays, Tri-Lakes Monument Fire Protection District Administration Complex 166 Second St., Monument. Arrive 11:30 a.m., dine at noon. Stay for free bingo the 2<sup>nd</sup> Thu. each month. Cost: \$2. Info: Dorothy Myers, 481-4189; Maggie Nealon, 488-3037.
- **Tri-Lakes YMCA Senior Coffee**, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Seniors, come socialize and have coffee and snacks in the front lobby. Sign up to bring snacks. Free. Info: 630-2604, hbrandon@ppymca.org, www.ppymca.org.
- **Al-anon Meeting: Monument Serenity**, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **Gleneagle Sertoma**, every Wed., luncheon meeting at Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Info: Call Garrett Barton, 433-5396, Bob Duckworth, 481-4608, www.gleneagleisertoma.org.
- **Senior Citizen Luncheons**, every Wed., noon-1 p.m., D-38 Learning Center, 146 Jefferson St., Monument. Tri-Lakes Health Advocacy Partnership (HAP) invites area seniors for lunch & activities. Free blood pressure screening 1<sup>st</sup> & 3<sup>rd</sup> Wed. \$3 donation requested. Info: 484-0517.
- **Al-anon Meeting: Letting Go**, every Thu., 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- **Delivered through Christ Recovery Group**, every Thu., 6:30-8 p.m., 14960 Woodcarver Rd. (just west of I-25 and Baptist Rd.) Bible-based support group for all addictions. Info: 930-1954.
- **A.A. Big Book Study**, every Thu., 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- **Myasthenia Gravis Association of Colorado Support Group**. Location varies. For information, call Carolyn, 488-3620, www.4-mga.org, 303-360-7080, 4mga@4-mga.org.
- **Craft Club**, Sat., Feb. 1, 11 a.m.-2 p.m., Fairfield Inn & Suites, Mt. Herman Room, 15275 Struthers Rd. A new club is forming for ages 15 and up! Each month features a fun, easy to follow paper craft. All supplies provided. Fee varies by project. Info: Linda, 375-8991, Lindacarp@gmail.com.
- **American Legion Tri-Lakes Post 9-11**, Tue., Feb. 4 6:30 p.m., Depot Restaurant, Hwy 105 & Primrose St., Palmer Lake. New members welcome. Meets 1<sup>st</sup> Tue. each month. Info: 481-8668, www.americanlegiontrilakespost911.com.
- **Monument Homemakers Club Monthly Potluck Lunch & Meeting**, Thu., Feb. 6, 11:30 a.m., Tri-Lakes Fire Department Administrative Building, 166 Second St., Monument. Meets 1<sup>st</sup> Thu. each month except Jan. and unless D-38 is delayed or closed due to bad weather. Newcomers welcome. For a ride to the meeting, call Faye Breneman, 488-0076. RSVP & info: Irene Walters, 481-1188, or Bev Wells, 488-3327.
- **Palmer Divide Quilt Guild**, Thu., Feb. 6, 7 p.m., Church at Woodmoor, 18125 Furrow Rd. Meets 1<sup>st</sup> Thu. each month. Info: Teresa Kovacic, 559-0083, teresa.kovacic@biofunctionusa.com.
- **A Matter of Balance Class**, every Mon., Feb. 10-Mar. 31, 9:30-11:30 a.m., Tri-Lakes HAP Senior Center located on the grounds of Lewis-Palmer High School. This free 8-week course emphasizes practical strategies to reduce fear of falling and increase activity levels. It includes exercise to increase strength and balance. Registration is required; class size is limited to 12. RSVP & info: Rebecca Janecek, 719-963-0988.
- **Moving for Better Balance**, every Mon. & Wed., 2-3 p.m., beginning Feb. 10, Tri-Lakes YMCA, 17250 Jackson Creek Pkwy, Monument. This free 12-week class for adults 60 years and older is open to nonmembers also. The class incorporates 8 Tai Chi forms and other specific exercises for improving balance. Info: Melinda, 649-3535. To register, call the YMCA, 481-8728.
- **Black Forest AARP Potluck Lunch & Meeting**, Wed., Feb. 12, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2<sup>nd</sup> Wed. each month. Info: Chuck, 749-9227, or aarpchapter1100blackforest.weebly.com.
- **HAP-py Feet Foot Care Clinic**, Wed., Feb. 12, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet, provides proper toenail trimming, and tests both feet for pulse, nerve sensations, and blood circulation. Cost: \$30 for a 30-min. visit; limited financial assistance is available for qualifying applicants. 2<sup>nd</sup> Wed. each month. Info & appointments: call the Visiting Nurse Association, (303) 698-6496.
- **Civil War Roundtable**, Wed., Feb. 12, 7 p.m., Monument Sanitation District Conference Room, 130 2<sup>nd</sup> St., Monument. Open to all, no prior knowledge needed. Meets 2<sup>nd</sup> Wed. each month. Info: Leon Tenney, lwt1862@comcast.net.
- **Senior Bingo at Old Monument Town Hall**, Thu., Feb. 13, Tri-Lakes Monument Fire Protection District Administration Complex, 166 Second St., Monument, after the noontime senior lunch. Come for lunch at 11:30 a.m., then stay and play. Free! Win prizes! Meets 2<sup>nd</sup> Thu. each month. Info: Maggie Nealon, 488-3037.
- **Legacy Sertoma Dinner meeting**, Thu., Feb. 13, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2<sup>nd</sup> & 4<sup>th</sup> Thu. each month. Info: Ed Kinney, 481-2750.
- **Ben Lomond Gun Club, Tri-Lakes Chapter**, Thu., Feb. 13, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2<sup>nd</sup> Thu. each month. Info: 481-3364.
- **Fabulous and Fun Friday Art Night in Tri-Lakes**, Fri., Feb. 14, 5-8 p.m., Bella Art and Frame, 183 Washington St., downtown Monument. Weekly art show openings every Friday night. Locations rotate throughout the month. Info: 487-7691, MAGGIE@bellaartandframe.com, www.bellaartandframe.com.
- **Palmer Lake Art Group**, Sat., Feb. 15, 9 a.m., Vaile Hill Gallery, 118 Hillside Rd., Palmer Lake. A variety of art programs are offered after the business meeting. Guests welcome. Meets 2<sup>nd</sup> Sat. each month. Info: 487-1329, www.palmerlakeartgroup.com.
- **El Paso County Hazardous Materials & Recycling Collection Facility**, Sat., Feb. 15, 9 a.m.-1 p.m., 3255 Akers Dr., Colorado Springs. Open the 2<sup>nd</sup> Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items and household hazardous waste such as paint and related products, lawn and garden chemicals, household cleaners, old batteries, fire extinguishers, fireworks, flares, ammunition, automotive products (no tires), various electronics, and TVs up to 19-inch diagonal. Bring a nonperishable food item for Care and Share. Info: 520-7878, http://adm.elpasoco.com/Environmental\_Services/Solid\_Waste\_Management.
- **Alzheimer's Support Group**, Sat., Feb. 15, 10-11:30 a.m., Church at Woodmoor, 18125 Furrow Rd. Meets 2<sup>nd</sup> Sat. each month. Info: LaVonne Putman, 488-2557.
- **Little Log Kitchen Free Meal**, Sat., Feb. 15, noon, 133 High St., Palmer Lake. Sponsored by Little Log Church every 3<sup>rd</sup> Sat. Info: 481-2409.
- **Tri-Lakes Home Educators' Support Group**, Mon., Feb. 17. Meets 3<sup>rd</sup> Mon. each month for support, information, field trips, and special events. Info: http://groups.yahoo.com/group/TLHESGmembers or tlhesgmembers-owner@yahoogroups.com.
- **Amateur Radio W0TLM (Tri-Lakes Monument Fire Radio Association)**, Mon., Feb. 17, 6:30 p.m., Tri-Lakes Monument Fire Protection District Station 1, 18650 Hwy 105, west of I-25. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3<sup>rd</sup> Mon. Info: Joyce Witte, 488-0859.
- **Drummers!** Mon., Feb. 17, 6:30-8 p.m., Yoga Pathways, Suite A, West End Center, 755 Hwy 105, Palmer Lake. Free and open to the public. Bring any kind of drum or other hand percussion instrument and join this fun-loving, informal group. Beginners welcome! Usually meets 3<sup>rd</sup> Mon. each month. Verify date & time: Char, 488-3138.
- **Senior Tea**, Tue., Feb. 18, 1-3 p.m., Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize, bring a salad or dessert to share. Meat dishes and tea provided. Be prepared to have fun! Voluntary donations welcome. Meets 3<sup>rd</sup> Tue. each month. Info: Irene C., 484-0517.
- **Fibromyalgia Support Group**, Tue., Feb. 18, 5 p.m., Police Station, 7850 Goddard (1 block off Academy on Kelly Johnson near Chapel Hills Mall), Community Room just inside main entrance. A DVD will play 5-6 p.m.; meeting starts at 6 p.m. Share concerns and success stories and talk to a D.O. Learn how you can become pain-free. No charge, no products sold. Meets 3<sup>rd</sup> Tue. each month. Info: 481-2230.
- **Veterans of Foreign Wars Post 7829**, Tue., Feb. 18, 7 p.m., Sundance Mountain Lodge, 1865 Woodmoor Dr., Monument. New members welcome. Meets 3<sup>rd</sup> Tue. each month. Info: Joe Carlson, 488-1902.
- **Macular Degeneration Support Group for the Visually Impaired**, Thu., Feb. 20, 1-2 p.m. Meets 3<sup>rd</sup> Thu. Location varies. Info: Tri-Lakes Cares, 481-4864 x103.
- **Palmer Lake Historical Society: Tom VanWormer presents Tri-Lakes Ice Production, Storage, and Delivery**, Thu., Feb. 20, 7 p.m., Palmer Lake Town Hall, 28 Valley Crescent. This program is free to the public; bring the family. Meets 3<sup>rd</sup> Thu. Info: Susan Adams, 433-1733, www.palmerdividehistory.org.
- **Tri-Lakes Lions Club**, Thu., Feb. 20, 6:30 p.m. social, 7-8 p.m. meeting, Sundance Mountain Lodge, 1865 Woodmoor Dr., Monument. Meets 3<sup>rd</sup> Thu. each month. Info: David Prejean, 434-7031.
- **Wisdom and Wealth Master Mind Group: Helping Businesses Grow Using God's Wisdom**, Thu., Feb. 20, 6:30-8:30 p.m., 755 Highway 105 Unit C, Palmer Lake. Meets 3<sup>rd</sup> Thu. each month. RSVP & Info: Meredith Bromfield, 630-618-9400, mb52349@gmail.com.
- **Ladies Auxiliary to V.F.W. Post 7829**, Thu., Feb. 20, 6:45 p.m., Sundance Mountain Lodge, 1865 Woodmoor Dr., Monument. New members welcome. If you are a female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3<sup>rd</sup> Thu. each month. Info: Martine Arndt, 231-5323, Martine.Arndt@yahoo.com.
- **Fabulous and Fun Friday Art Night in Tri-Lakes**, Fri., Feb. 21, 5-8 p.m., Southwinds Fine Arts Gallery, 16575 Roller Coaster Rd., Colo. Springs. Weekly art show openings every Friday night. Locations rotate throughout the month. Info: 481-6157, www.southwindsfineart.com.
- **Senior Social**, Wed., Feb. 26, 1-4 p.m., Fellowship Hall of the Black Forest Lutheran Church, 12455 Black Forest Rd. Meets 4<sup>th</sup> Wed. each month. Info: aarpchapter1100blackforest.weebly.com.
- **Legacy Sertoma Dinner Meeting**, Thu., Feb. 27, 6: