



Home of World Famous  
U.S. National Team Coach Grandmaster Sang Lee

# Start out 2015 on the Path to Fitness and Self-improvement

***Set your New Year's resolution TODAY!***



## **Benefits for Your Children**

- *Increased Respect*
- *Improved Grades*
- *Better Confidence*
- *Improved Focus*
- *Better Discipline*

## **Benefits for Your Family**

- *Decreased Stress*
- *Improved Health*
- *More Family Time*
- *Improved Fitness*
- *Self-Defense Knowledge*

**Voted best martial arts school  
three years in a row!**



# Call 488-4321

## ***New Year's Family Special!***

***1 Parent FREE membership***

***with purchase of 1 child membership***

***First 10 new members only***

*with this coupon. Good through January 31, 2015.*

***www.monumentblackbelt.com***