

about the Road to Recovery program or to volunteer, call 1-800-227-2345 or visit cancer.org.

Bustang & Park-n-Ride improvements

Bustang, the new interregional express bus service from the Colorado Department of Transportation, has begun. Along I-25, there are seven round trips per day, Mon. to Fri., from Colorado Springs to Denver, with a stop at I-25/Monument Park-and-Ride. Single ride tickets from Monument to Denver's Union Station cost only \$9, \$7.50 for seniors. Each coach is equipped with restrooms, bike racks, free Wi-Fi, power outlets and USB ports. Parking lot improvements include new asphalt paving, lighting, striping, signing, and new shelters equipped with lighting and infrared heating units. For information or to buy tickets online, visit www.ridebustang.com, or phone 800-900-3011.

Become a CASA volunteer

Become a CASA (Court Appointed Special Advocate). CASA offers a volunteer opportunity like no other. As appointed representatives of the court, CASA volunteers are empowered to make a lifelong difference in the lives of abused and neglected children. Learn more at <http://www.casappr.org/volunteer-colorado-springs/> or contact Kelly at 447-9898, ext. 1033 or kellyp@casappr.org.

HAP needs volunteers

The Tri-Lakes Health Advocacy Partnership (HAP) is a nonprofit, all-volunteer organization that serves and supports seniors in our community. HAP currently needs volunteers, three hours a week; and active board members, eight to 10 hours a month. For more information, call HAP board president, Dave Betzler, at 205-7651.

Donate live trees for Black Forest burn area

If you are doing wildfire mitigation, you might have good live trees to donate to Black Forest burned-out areas. The Black Forest Together (BFT) Tree Donor Program is accepting live trees to be either transplanted in the Black Forest burn area or sold to support the cost of this program. Trees up to 12 inches in diameter (or up to 38 inches around) are ideal. The size of trees is measured at ground level. For more information, contact billmantia@aol.com.

Emergency Notification System update

If you registered for the Emergency Notification System (reverse 911) prior to July 2013, you may need to create a new account. Go to www.elpasoteller911.org and select "sign up" on the registration page. If you are able to log in using your existing user name and password, no further action is needed. If you get an error message indicating your email or password is invalid, press the sign-up button and create a new account. If you need assistance, dial 785-1971 and a staff member will return your call.

Free transportation and safety services for seniors

Mountain Community Senior Services offers free transportation and safety services to Tri-Lakes seniors. If you need a ride to a medical appointment, grocery shopping, or the local senior lunches, a volunteer driver will be happy to help you. Call 488-0076 to leave a message for the dispatcher. If you are in need of grab bars in the bathroom, a ramp to your door, or repair of stairs or railings, please call Cindy Rush, 488-0076, and leave a message.

Free Senior Safety Handyman Services

Senior Safety Handyman Services is a unique program funded by the Pikes Peak Area Agency on Aging. It is designed to help seniors (age 60 and over) in northwest El Paso County with safety-related handyman projects. Dedicated, paid contractors and volunteers install grab bars, wheelchair ramps, railings, steps, etc., to help seniors to continue to live independently in their own homes. For service, call 488-0076 and leave a message for Cindy Rush. For more information, visit TriLakes-mcts-sshs.org.

Volunteer drivers needed for seniors' transportation service

Mountain Community Transportation for Seniors is a nonprofit, grant-funded organization that provides free transportation to Tri-Lakes seniors 60 years old and over. The program needs additional volunteer drivers. For information, email MCSS at mcseniorservices@gmail.com or call the MCSS dispatch hotline at 488-0076.

Monument Marketplace Facebook page

Tri-Lakes residents can sell their used items, trade items, and chat about anything local goings-on at <https://www.facebook.com/groups/monumentmarketplace/>.

Get volunteer help for your nonprofit

Due to popular demand, the Lewis-Palmer School District is adding a list of volunteer opportunities to its Youth Activities Directory online. If your nonprofit has a need for volunteers for a one-time project or an ongoing effort and can use volunteers under age 18, obtain a directory listing form on the district website www.lewispalmer.org under the community tab. Nonprofits may list their volunteer needs in the directory free of charge. For information, contact Robin Adair, P.O. Box 40, Monument, CO 80132; call 785-4223 or email radair@lewispalmer.org.

Attention Tri-Lakes residents with medical conditions

If you have a medical condition or a physical disability, please contact Jennifer at Tri-Lakes Monument Fire Protection District, 484-0911, to register for emergency assistance if evacuation is required.

Tri-Lakes HAP Senior Center programs

The Tri-Lakes Health Advocacy Partnership Senior Citizens Center is next to the Lewis-Palmer High School Stadium (across from the YMCA) and is open 1-4 p.m., Tue.-

Fri., and earlier for scheduled activities. The facility has a lounge, craft room, game room, and multipurpose room. Programs include bridge, pinochle, National Mah-jongg, line dancing, tea time, bingo, and more. Ping-pong, Wii video games, puzzles and board games, refreshments, a lending library, computers with Internet connections, and an information table are also available. For information about programs for seniors, visit www.TriLakesSeniors.org.

Senior Beat newsletter—subscribe for free

Each monthly *Senior Beat* newsletter is full of information for local seniors, including the daily menu of the senior lunches offered Mondays, Wednesdays, and Thursdays in Monument. It also contains the schedule of the classes and events for the month at the Senior Citizens Center. To subscribe, send an email with your name and mailing address to SeniorBeat@TriLakesSeniors.org. *Senior Beat* can also be viewed online at www.TriLakesHAP.org.

Senior Safety Program

Tri-Lakes Monument Fire Protection District offers a free senior safety program to all Tri-Lakes seniors. The program includes smoke detector evaluations, home safety assessments, vial of life, and fire prevention. For information call 484-0911 or visit www.tri-lakesfire.com.

County prescription discount program could save you money

El Paso County's prescription discount program saved 10,000 residents \$250,000 in discounted medicines over 18 months at no additional taxpayer cost. People using the card saved an average of 23 percent. There are no eligibility requirements and no strings attached to receive the discounts. You can pick up a free Prescription Discount Card at most county government locations or you can download your own personalized prescription discount card on the county website (bottom of the front page) at www.elpasoco.com/. Any county resident without prescription coverage can use this program. Even if you have insurance for prescription medications, the discount card might save you money on prescription medications your existing plan does not cover. For information, visit www.elpasoco.com/ or call 520-6337 (MEDS).

Free gun-lock kit

The Monument Police Department is offering free fire-arm safety kits to local residents through a partnership with Project ChildSafe, the nationwide firearms safety education program. Each kit contains gun safety information and a cable-style gunlock that fits most types of handguns, rifles, and shotguns. The Police Department administrative offices at 645 Beacon Lite Rd. are open Monday-Friday, 8 a.m. to 5 p.m. Drop by during those times to pick up a free gun-lock kit. For information, phone 481-3253. ■

Our Community Calendar

By Judy Barnes, Community Calendar Editor
Although we strive for accuracy in these listings, dates or times are often changed after publication. Please double-check the time and place of any event you wish to attend by calling the info number for that event.

GOVERNMENTAL BODIES

- **Monument Board of Trustees Meeting**, Mon., Oct. 5, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st & 3rd Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., Oct. 6, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1st & 3rd Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Woodmoor Water & Sanitation District Board Meeting**, Thu., Oct. 8, 1 p.m., 1845 Woodmoor Dr., Monument. Meets 2nd Thu. each month. Info: 488-2525.
- **Tri-Lakes Wastewater Facility Joint Use Committee Meeting**, Tue., Oct. 13, 10 a.m., 16510 Mitchell Ave. Meets 2nd Tue. each month. Info: Bill Burks, 481-4053.
- **Triview Metropolitan District Board Meeting**, Tue., Oct. 13, 5 p.m., 16055 Old Forest Point, Suite 300, Monument. Meets 2nd Tue. each month. Info: 488-6868.
- **D-38 Accountability Advisory Committee (DAAC) Meeting**, Tue., Oct. 13, 7 p.m., Lewis-Palmer High School, 1300 Higby Rd., Monument. Meets 2nd Tue. each month, location varies. Info: 488-4700, www.lewispalmer.org.

- **Palmer Lake Sanitation District Board Meeting**, Wed., Oct. 14, 10 a.m., 120 Middle Glenway. Meets 2nd Wed. each month. Info: 481-2732.
- **Palmer Lake Planning Commission Workshop**, Wed., Oct. 14, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 2nd Wed. each month. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.
- **D-38 School Board Candidate Forum**, Wed, Oct. 14, 6:30-9 p.m., Learning Center, 146 Jefferson St., Monument. Sponsored by the D-38 District Accountability Advisory Committee. Info: 488-4700, www.lewispalmer.org.
- **Monument Planning Commission Meeting**, Wed., Oct. 14, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 2nd Wed. each month. Info: 884-8017.
- **Lewis-Palmer School District 38 Board Meeting**, Thu., Oct. 15, 6 p.m., Learning Center, 146 Jefferson St., Monument. Meets 3rd Thu. each month. Info: 488-4700.
- **Monument Sanitation District Board Meeting**, Thu., Oct. 15, 10 a.m., 130 2nd St. Meets 3rd Thu. each month. Info: 481-4886.
- **Donala Water & Sanitation District Board Meeting**, Thu., Oct. 15, 1:30 p.m., 15850 Holbein Dr., Colorado Springs. Meets 3rd Thu. each month except Nov. and Dec. Info: 488-3603.
- **Palmer Lake Town Council Meeting**, Thu., Oct. 15, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 3rd Thu. Each month. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.

- **Monument Board of Trustees Meeting**, Mon., Oct. 19, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1st and 3rd Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., Oct. 20, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1st & 3rd Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Wescott Fire Protection District Board Meeting**, Tue., Oct. 20, 7 p.m., Station 1, 15415 Gleneagle Dr. Meets 3rd Tue. each month. Info: 488-8680.
- **Palmer Lake Planning Commission Meeting**, Wed., Oct. 21, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 3rd Wed. each month. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.
- **Forest View Acres Water District Board Meeting**, Thu., Oct. 22, 6 p.m., Monument Sanitation District boardroom, 130 Second St. Meets 4th Thu. each month. Info: 488-2110, www.fvawd.com.
- **Academy Water and Sanitation District Board Meeting**, Tue., Oct. 27, 6 p.m., Wescott Fire Station 1, 15415 Gleneagle Dr. Meets 4th Tue. each month. Info: 481-0711.
- **Tri-Lakes Monument Fire Protection District Board Meeting**, Wed., Oct. 28, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 4th Wed. each month. Info: Jennifer Martin, 484-0911, www.tlmfire.org.
- **Woodmoor Improvement Association Board Meeting**, Wed., Oct. 28, 7 p.m., Woodmoor Barn,