Above: The second annual 24 Hours of Palmer Lake Fun Run began at 8 a.m. April 15 with instructions and encouragement from race director and founder Israel Archuleta (http://www.israeltherunner.com). From left are Todd Burgess, Jeremy Bradford, Rochelle Garmane, Maya Bradford, Julian Bradford, Cyrus Archuleta, Jennifer Coker, and Logan Polluss. Archuleta founded this race in 2014 when he needed a training run for a six-day race and couldn’t find one in Colorado. Participants ran multiple .82 mile laps around Palmer Lake over 24 hours, stopping to rest and nap as needed. Anyone who completed 100 miles got a refund of their $28 race fee. Overall winner was Garnanez with 101.68 miles completed, with Jeremy Bradford and Burgess also completing over 100 miles. There were 59 participants who received participant medals with trophies for the top finishers in male, female, and youth categories. 

Photo by Jackie Burhans.

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Are you a fish out of water?

Join the Woodmoor Waves! With our lower cost swim memberships, you could be a flying fish with our area’s premier competitive swim team in no time!

Has your old swim team left you high and dry? Do the costs of competitive swimming keep you from taking the plunge? Well now’s the time to take advantage of a lower cost Junior Swim Membership option to get you or your child back into the world of competitive swimming. It’s a savings of $35 per month on Monument Hill Country Club swim membership dues. Contact us today to see how you can get started.

Additional Waves dues apply.

Woodmoor Waves Swim Team/MHCC
Ages 8 to 18
Ability Developmental to Junior National Training
Practice Schedule: Monday through Saturday, depending on level
New MHCC Junior Swim Club Membership
$75 per month
This membership allows the use of the indoor pool only with no food and beverage minimum; no initiation. Woodmoor Waves dues extra. USA Swim annual dues extra. Contact us through our website, woodmoorwaves.org for total fees, and to return to the world of competitive swimming.

Woodmoor Waves swim at Monument Hill Country Club (MHCC)
18945 Pebble Beach Way
Monument, CO 80132

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Above: Lewis-Palmer High School’s Theater Program produced The Odd Couple April 22-25. The program featured two versions of the show: a female cast version and a male cast version (both with the same storyline). LPHS produces a play in its spring semester and a musical in the fall semester. From left are Jade Malenkovic, Amber Matul, Taryn Hessel, Anna Lincoln, Kiara Eaddy, and Nicole Gardner. Photo by Audrey Burkart.

YMCA Healthy Kids Day, April 25

Above: At the YMCA Healthy Kids Day, Connor, a certified and trained “Paws to Read” golden retriever, got to meet Ben (who read him a whole book), Nick, Gianna, and Ella Walla. Linda Kean, left, volunteers with the Paws to Read program at Monument Branch Library. Photo by Lisa Hatfield.

Palmer Lake Fun Run, April 15

The Odd Couple at LPHS, April 22-25

Sisters of Benet Hill Monastery
3190 Benet Lane Colorado Springs, CO 80921* Phone: (719) 633-0655

Last Chance for Film & Concert of the Season!

“No Evidence of Disease”
Free Film
Monday, May 18, 2015
6:30 pm
In conjunction with National Women’s Health Week May 10th-16th.
Donations Welcome
Future Film Dates: Sept 21 & Nov 9

“Italian Springtime”
Chamber Concert
Sunday, May 31, 2015
2:30 pm
Pre-concert Lecture at 1:45 pm
Cost: $20.00
*Check our website in the fall for future Concert Series

Register online at www.benethillmonastery.org or call 719-633-0655
Events held at Benet Hill Monastery

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Website: woodmoorwaves.org
If you would like further information, please feel free to contact us through our website at woodmoorwaves.org.

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