

in the style of the Four Freshmen and Vocal Majority. For more information, call John Hobson at 368-7833.

### Volunteer drivers needed for cancer patients

Help transport cancer patients to and from medical treatments. The American Cancer Society provides free rides through its Road to Recovery program. For information about the Road to Recovery program or to volunteer, call 1-800-227-2345 or visit [cancer.org](http://cancer.org).

### Bustang & Park-n-Ride improvements

Bustang, the new interregional express bus service from the Colorado Department of Transportation, has begun. Along I-25, there are seven round trips per day, Monday through Friday, from Colorado Springs to Denver, with a stop at I-25/Monument Park-and-Ride. Single ride tickets from Monument to Denver's Union Station cost only \$9, \$7.50 for seniors. Each coach is equipped with restrooms, bike racks, free WiFi, power outlets and USB ports. Coaches offer a 50-passenger capacity and are handicap accessible. Improvements are being made at the four Park-n-Rides, including Monument. Work consists of new asphalt paving, lighting, striping, signing, and new shelters equipped with lighting and infrared heating units. For information or to buy tickets online, visit [www.ridebustang.com](http://www.ridebustang.com), or phone 800-900-3011.

### Volunteers and sponsors needed for charity event

Sundance Mountain Athletic Center and Blue Wave Taekwondo Academy are looking for volunteers to help organize their first-ever winter SMAC Down Dodgeball tournament to benefit the National Multiple Sclerosis Society. Come have fun and help a wonderful cause. For more information, contact Master Nic, 776-9169, [coloradoselfdefense@gmail.com](mailto:coloradoselfdefense@gmail.com).

### Become a CASA volunteer

Become a CASA (Court Appointed Special Advocate). CASA offers a volunteer opportunity like no other. As appointed representatives of the court, CASA volunteers are empowered to make a lifelong difference in the lives of abused and neglected children. Learn more at <http://www.casappr.org/volunteer-colorado-springs/> or contact Kelly at 447-9898, ext. 1033 or [kellyp@casappr.org](mailto:kellyp@casappr.org).

### HAP needs volunteers

The Tri-Lakes Health Advocacy Partnership (HAP) is a nonprofit, all-volunteer organization that serves and supports seniors in our community. HAP currently needs volunteers, three hours a week; and active board members, eight to 10 hours a month. For more information, call HAP board president, Dave Betzler, at 205-7651.

### Colorado Master Gardener help desk open now

Colorado Master Gardener volunteers (CMGs) help resi-

dents save time and money by providing research-based solutions to landscape and gardening problems. The help desk hours are Monday, Wednesday, and Thursday mornings 9 a.m. to noon. You can call and leave a message any time at 520-7684. Photos are often very helpful and can be attached to an email and sent to: [CSUmg2@elpasoco.com](mailto:CSUmg2@elpasoco.com). For online help, visit <https://ask.extension.org/>.

### Donate live trees for Black Forest burn area

If you are doing wildfire mitigation, you might have good live trees to donate to Black Forest burned-out areas. The Black Forest Together (BFT) Tree Donor Program is accepting live trees to be either transplanted in the Black Forest burn area or sold to support the cost of this program. Trees up to 12 inches in diameter (or up to 38 inches around) are ideal. The size of trees is measured at ground level. For more information, contact [billmantia@aol.com](mailto:billmantia@aol.com).

### Academy North Gate bridge work through summer

Two bridges outside the U.S. Air Force Academy's North Gate will be under repair through August 2015. To ease congestion, the academy will make the gate a one-way, entrance-only road in the mornings. From 7-9 a.m., no outbound traffic will be allowed through the North Gate, and travelers exiting the academy during those hours will have to use the South Gate.

### Emergency Notification System update

If you registered for the Emergency Notification System (reverse 911) prior to July 2013, you may need to create a new account. Go to [www.elpasoteller911.org](http://www.elpasoteller911.org) and select "sign up" on the registration page. If you are able to log in using your existing user name and password, no further action is needed. If you get an error message indicating your email or password is invalid, press the sign-up button and create a new account. If you need assistance, dial 785-1971 and a staff member will return your call.

### Free transportation and safety services for seniors

Mountain Community Senior Services offers free transportation and safety services to Tri-Lakes seniors. If you need a ride to a medical appointment, grocery shopping, or the local senior lunches, a volunteer driver will be happy to help you. Call 488-0076 to leave a message for the dispatcher. If you are in need of grab bars in the bathroom, a ramp to your door, or repair of stairs or railings, please call Cindy Rush, 488-0076, and leave a message.

### Free Senior Safety Handyman Services

Senior Safety Handyman Services is a unique program funded by the Pikes Peak Area Agency on Aging. It is designed to help seniors (age 60 and over) in northwest El Paso County with safety-related handyman projects. Dedicated, paid contractors and volunteers install grab bars, wheelchair ramps, railings, steps, etc., to help

seniors to continue to live independently in their own homes. For service, call 488-0076 and leave a message for Cindy Rush. For more information, visit [TriLakes-mcts-sshs.org](http://TriLakes-mcts-sshs.org).

### Volunteer drivers needed for seniors' transportation service

Mountain Community Transportation for Seniors is a nonprofit, grant-funded organization that provides free transportation to Tri-Lakes seniors 60 years old and over. The program needs additional volunteer drivers. For information, email MCSS at [mcseniorservices@gmail.com](mailto:mcseniorservices@gmail.com) or call the MCSS dispatch hotline at 488-0076.

### Get volunteer help for your nonprofit

Due to popular demand, the Lewis-Palmer School District is adding a list of volunteer opportunities to its Youth Activities Directory online. If your nonprofit has a need for volunteers for a one-time project or an ongoing effort and can use volunteers under age 18, obtain a directory listing form on the district website [www.lewispalmer.org](http://www.lewispalmer.org) under the community tab. Nonprofits may list their volunteer needs in the directory free of charge. For information, contact Robin Adair, P.O. Box 40, Monument, CO 80132; call 785-4223 or email [radair@lewispalmer.org](mailto:radair@lewispalmer.org).

### Tri-Lakes HAP Senior Center programs

The Tri-Lakes Health Advocacy Partnership Senior Citizens Center is next to the Lewis-Palmer High School Stadium (across from the YMCA) and is open 1-4 p.m., Tue.-Fri., and earlier for scheduled activities. The facility has a lounge, craft room, game room, and multipurpose room. Programs include bridge, pinochle, National Mah-jongg, line dancing, tea time, bingo, and more. Ping-pong, Wii video games, puzzles and board games, refreshments, a lending library, computers with Internet connections, and an information table are also available. For information about programs for seniors, visit [www.TriLakesSeniors.org](http://www.TriLakesSeniors.org).

### Senior Beat newsletter—subscribe for free

Each monthly *Senior Beat* newsletter is full of information for local seniors, including the daily menu of the senior lunches offered Mondays, Wednesdays, and Thursdays in Monument. It also contains the schedule of the classes and events for the month at the Senior Citizens Center. To subscribe, send an email with your name and mailing address to [SeniorBeat@TriLakesSeniors.org](mailto:SeniorBeat@TriLakesSeniors.org). *Senior Beat* can also be viewed online at [www.TriLakesHAP.org](http://www.TriLakesHAP.org).

### Senior Safety Program

Tri-Lakes Monument Fire Protection District offers a free senior safety program to all Tri-Lakes seniors. The program includes smoke detector evaluations, home safety assessments, vial of life, and fire prevention. For information call 484-0911 or visit [www.tri-lakesfire.com](http://www.tri-lakesfire.com).

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## Our Community Calendar

By Judy Barnes, Community Calendar Editor

Although we strive for accuracy in these listings, dates or times are often changed after publication. Please double-check the time and place of any event you wish to attend by calling the info number for that event.

### GOVERNMENTAL BODIES

- **Monument Board of Trustees Meeting**, Mon., Aug. 3, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1<sup>st</sup> & 3<sup>rd</sup> Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., Aug. 4, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1<sup>st</sup> & 3<sup>rd</sup> Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Monument Board of Adjustment Methadone Clinic Zoning Issues Hearing**, Mon., Aug. 10, 6:30 p.m., Lewis-Palmer Admin. Bldg, 146 Jefferson St., Monument. The public may present factual testimony at this quasi-judicial proceeding. Info: 884-8017.
- **Tri-Lakes Wastewater Facility Joint Use Committee Meeting**, Tue., Aug. 11, 10 a.m., 16510 Mitchell Ave. Meets 2<sup>nd</sup> Tue. each month. Info: Bill Burks, 481-4053.
- **Triview Metropolitan District Board Meeting**, Tue., Aug. 11, 5 p.m., 16055 Old Forest Point, Suite 300, Monument. Meets 2<sup>nd</sup> Tue. each month. Info: 488-6868.
- **Palmer Lake Sanitation District Board Meeting**, Wed., Aug. 12, 10 a.m., 120 Middle Glenway. Meets

2<sup>nd</sup> Wed. each month. Info: 481-2732.

- **Palmer Lake Planning Commission Workshop**, Wed., Aug. 12, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 2<sup>nd</sup> Wed. each month. Info: 481-2953 (then press 0) or [www.townofpalmerlake.com](http://www.townofpalmerlake.com).
- **Monument Planning Commission Meeting**, Wed., Aug. 12, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 2<sup>nd</sup> Wed. each month. Info: 884-8017.
- **Woodmoor Water & Sanitation District Board Meeting**, Thu., Aug. 13, 1 p.m., 1845 Woodmoor Dr., Monument. Normally meets 2<sup>nd</sup> Thu. each month. Info: 488-2525.
- **Monument Board of Trustees Meeting**, Mon., Aug. 17, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 1<sup>st</sup> and 3<sup>rd</sup> Mon. each month. Info: 884-8017.
- **El Paso County Planning Commission Meeting**, Tue., Aug. 18, 9 a.m., 2880 International Circle (off Union Blvd & Printers Pkwy). Meets 1<sup>st</sup> & 3<sup>rd</sup> Tue. (if required) each month. Info: 520-6300, <http://adm2.elpasoco.com/planning/agendas/pc/pc-agn.asp>.
- **Wescott Fire Protection District Board Meeting**, Tue., Aug. 18, 7 p.m., Station 1, 15415 Gleneagle Dr. Meets 3<sup>rd</sup> Tue. each month. Info: 488-8680.
- **Palmer Lake Planning Commission Meeting**, Wed., Aug. 19, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 3<sup>rd</sup> Wed. each month. Info: 481-2953 (then press 0) or [www.townofpalmerlake.com](http://www.townofpalmerlake.com).

- **Monument Sanitation District Board Meeting**, Thu., Aug. 20, 10 a.m., 130 2<sup>nd</sup> St. Meets 3<sup>rd</sup> Thu. each month. Info: 481-4886.
- **Donala Water & Sanitation District Board Meeting**, Thu., Aug. 20, 1:30 p.m., 15850 Holbein Dr., Colorado Springs. Meets 3<sup>rd</sup> Thu. each month except Nov. and Dec. Info: 488-3603.
- **Lewis-Palmer School District 38 Board Meeting**, Thu., Aug. 20, 6 p.m., Learning Center, 146 Jefferson St., Monument. Meets 3<sup>rd</sup> Thu. each month. Info: 488-4700.
- **Palmer Lake Town Council Meeting**, Thu., Aug. 20, 6 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Meets 3<sup>rd</sup> Thu. Each month. Info: 481-2953 (then press 0) or [www.townofpalmerlake.com](http://www.townofpalmerlake.com).
- **Academy Water and Sanitation District Board Meeting**, Tue., Aug. 25, 6 p.m., Wescott Fire Station 1, 15415 Gleneagle Dr. Meets 4<sup>th</sup> Tue. each month. Info: 481-0711.
- **Tri-Lakes Monument Fire Protection District Board Meeting**, Wed., Aug. 26, 6:30 p.m., Town Hall Board Room, 645 Beacon Lite Rd., Monument. Meets 4<sup>th</sup> Wed. each month. Info: Jennifer Martin, 484-0911, [www.tlmfire.org](http://www.tlmfire.org).
- **Woodmoor Improvement Association Board Meeting**, Wed., Aug. 26, 7 p.m., Woodmoor Barn, 1691 Woodmoor Dr. Meets 4<sup>th</sup> Wed. each month. Info: 488-2693, [www.woodmoor.org](http://www.woodmoor.org).
- **Forest View Acres Water District Board Meeting**, Thu., Aug. 27, 6 p.m., Monument Sanitation District boardroom, 130 Second St. Meets 4<sup>th</sup> Thu. each month. Info: 488-2110, [www.fvawd.com](http://www.fvawd.com).