- no, 338-8467; DimensionsYoga@gmail.com.
- Monument Hill Kiwanis Bingo, every Mon., 7:30 pm, Carefree Bingo, 3440 N. Carefree Circle, Colo. Springs. All proceeds benefit those in need in the Tri-Lakes Community. Info: mark.zeiger@gmail.com.
- Senior Lunches, every Mon. & Thu., except the 1st Thu. each month and holidays, Tri-Lakes Monument Fire Protection District Administration Complex, 166 Second St., Monument. Arrive 11:30 a.m., dine at noon. Stay for free bingo the 2nd Thu. each month. Cost: \$2. Info: Dorothy Myers, 481-4189; Maggie Nealon, 488-3037.
- Western Museum of Mining & Industry (WMMI), open Mon.-Sat., 9 a.m.-4 p.m., daily guided tours at 10 a.m. and 1 p.m. (included in admission). Cost: \$8 adults, \$7 military/AAA, \$6 seniors & students, \$4 children 3-12, free to children under 3 & museum members. WMMI is located at 225 North Gate Blvd. (I-25 Exit 156 A). Info: 488-0880, info@wmmi.org, www.wmmi.
- HAP Thrift Store, open Mon.-Sat., 10 a.m.-4 p.m., 790 Suite D, Hwy 105 (between Palmer Lake and Monument). March. specials: 20% off all toys and kitchenware. Periodic 1/2 price sale on selected items. Every Wednesday, Every Month Senior Discounts: 20% off everything for 62 years or older. All proceeds support Tri-Lakes Senior Programs. If you have furniture to donate, call 488-3495 for a pickup. Info: www.trilakeshap. org.
- Tri-Lakes YMCA Senior Coffee, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Seniors, come socialize and have coffee and snacks in the front lobby. Sign up to bring snacks. Free. Info: 630-2604, hb-randon@ppymca.org, www.ppymca.org.
- Yarny Birds Stitch Group, every Tue., 10 a.m., 174 N. Washington St., Monument. An open group for knitters, crocheters, and fiber arts of any type. Info: 377-0403, yarnbirdfibers@gmail.com.
- Al-anon Meeting: Monument Serenity, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- The Villa Palmer Lake, 75 Hwy 105, Palmer Lake. Happy Hour every evening 5-6 p.m., 1/2 price bottles of wine (select wines, with entrée purchase) every Tue.; open mic on Thu. nights, 8-10 p.m., 75 Hwy 105, Palmer Lake. RSVP & Info: 481-2222, www.theVillaPalmer-Lake.com.
- Catriona Cellars Happy Hours, Tue.-Sat., 4-6 p.m., 243 Washington St., Monument. Enjoy daily features and \$5 glasses of wine, or \$5 off a bottle. Info: 481-3477, www.catrionacellars.com.
- **Gentle Hatha Yoga Class** with Olivia Pennington, every **Wed.**, 9:30-11 a.m., Palmer Lake Town Hall, 28 Valley Crescent. All levels. Cost: \$7. Info: 481-2953 (then press 0) or www.townofpalmerlake.com.
- Senior Citizen Luncheons, every Wed., noon-1 p.m., D-38 Learning Center, 146 Jefferson St., Monument. Tri-Lakes Health Advocacy Partnership (HAP) invites area seniors for lunch & activities. Free blood pressure screening 1st & 3rd Wed. \$3 donation requested. Info: 484-0517.
- Tri-Lakes Church of Christ Wednesday Night Fellowship Meal (Free) & Classes, every Wed., 6-7:30 p.m., 20450 Beacon Lite Road, Monument (Corner of Beacon Lite & County Line Roads). Info: 488-9613, gregsmith@trilakeschurch.org, www.trilakeschurch.org.
- Al-anon Meeting: Letting Go, every Thu., 9-10:10 a.m., Tri-Lakes Chapel, room 209, 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.
- A.A. Big Book Study, every Thu., 7 p.m., Family of Christ Lutheran Church, 675 W. Baptist Rd. Info: 481-0431.
- Foot Care Clinic, Wed., Mar. 9, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- Black Forest AARP Potluck Lunch & Meeting, Wed., Mar. 9, noon, Black Forest Lutheran Church, 12455 Black Forest Rd. All ages welcome. Meets 2nd Wed. each month. Info: Chuck, 749-9227, or aarpchapter1100blackforest.weebly.com.
- Chess Nuts, Wed., Mar. 9, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Wed. each month. Info: www.trilakeshap.org/chess.
- Senior Bingo at Old Monument Town Hall, Thu., Mar. 10, Tri-Lakes Monument Fire Protection District Ad-

- min. Bldg., 166 Second St., Monument, after the noon-time senior lunch. Come for lunch at 11:30 a.m., then stay and play. Free! Prizes! Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.
- Bridge, Thu., Mar. 10, 1-4 p.m., Tri-Lakes Senior Center located on Lewis-Palmer High School campus. Walk-ins are welcome. Meets 2nd Thu. each month. Reservation suggested: call Judy, 626-399-2733.
- Legacy Sertoma Dinner Meeting, Thu., Mar. 10, 6:30 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members and visitors welcome. Meets 2nd & 4th Thu. each month. Info: Ed Kinney, 481-2750.
- Ben Lomond Gun Club, Tri-Lakes Chapter, Thu., Mar. 10, 7 p.m., Tri-Lakes Fire Station 1, 18650 Hwy 105 west of Monument near the bowling alley. Meets 2nd Thu. each month. Info: 481-3364.
- La Leche League Meeting, Fri., Mar. 11, 10 a.m., Monument Branch Library, 1706 Lake Woodmoor Dr. Mothers, babies, and mothers-to-be are all invited. Meets 2nd Fri. each month. Info: Kelley, 440-2477, kdg-horashi@gmail.com.
- Palmer Lake Art Group, Sat., Mar. 12, 9 a.m., Mountain Community Mennonite Church, 643 Hwy 105, Palmer Lake. A variety of art programs are offered after the social gathering and business meeting. Guests welcome. Meets 2nd Sat. each month. Info: 487-1329, www.palmerlakeartgroup.com.
- Collection Facility, Sat., Mar. 12, 9 a.m.-l p.m., 3255 Akers Dr., Colorado Springs. Open the 2nd Sat. each month as well as Mon.-Thu., 7 a.m.-5 p.m., accepts porcelain fixtures, common recyclable items, household hazardous waste, various electronics, and TVs up to 19-inch diagonal. Accepts documents from private households for shredding, up to two legal paper-sized boxes. Bring a nonperishable food item for Care and Share. Info: 520-7878, http://adm.elpasoco.com/Environmental Services/Solid Waste Management
- Alzheimer's Caregiver Support Group, Sat., Mar. 12, 9:45-11:30 a.m., The First National Bank of Monument, 581 Hwy 105. Meets 2nd Sat. each month. Info: Gail, 481-3711.
- NEPCO Meeting, Sat., Mar. 12, 10 a.m.-noon, New Monument Town Hall & Police Building, 645 Beacon Lite Rd., Monument. County Engineer Andre Bracken, and Public Services Engineer Victoria Chavez, discuss transportation and road projects. All are welcome to this meeting of local homeowners associations. Info: 481-2723 or visit www.nepco.org.
- Tri-Lakes Land Use Committee Meeting, Mon., Mar. 14, 6:30-8:30 p.m., 166 2nd St., Monument. Get involved: give input on proposed developments in the Tri-Lakes area to influence the direction of growth. All are welcome. Info: Jerry Hannigan, Hannigan.and.assoc@gmail.com.
- Amateur Radio W0TLM (Tri-Lakes Monument Radio Association), Mon., Mar. 14, 7 p.m. All amateur radio operators or those interested in becoming amateur radio operators are welcome. Meets 3rd Mon. For meeting place and info contact Joyce Witte, 488-0859, Joycewitte@gmail.com; or visit www.W0TLM.com.
- Senior Tea, Tue., Mar. 15, 1-3 p.m., Senior Center at Lewis-Palmer High School (across from the YMCA). Come early to socialize, bring a salad or dessert to share. Meat dishes and tea provided. Voluntary donations welcome. Meets 3rd Tue. each month. Info: Irene C., 484-0517.
- Caregivers Support and Brainstorming Open House, Tue., Mar. 15, 2-4 p.m., Lifting Spirits Adult Day Center, 755 Hwy. 105 Unit C, Palmer Lake. Meets 1st and 3rd Tue. each month. Info: Linda, (303) 579-8114.
- Fibromyalgia Support Group, Tue., Mar. 15, 5 p.m., Police Station, 7850 Goddard (1 block off Academy on Kelly Johnson near Chapel Hills Mall), Community Room just inside main entrance. A DVD will play 5-6 p.m.; meeting starts at 6 p.m. Share concerns and success stories and talk to a D.O. Learn how you can become pain-free. No charge, no products sold. Meets 3rd Tue. each month. Info: 481-2230.
- Veterans of Foreign Wars Post 7829, Tue., Mar. 15, 7 p.m., Monument Hill Country Club 18945 Pebble Beach Way, Monument. New members welcome. Meets 3rd Tue. each month. Info: Post Commander Joe Carlson, jcarlson@vfw7829.org, 488-1902, www.vfw7829.org.
- Gleneagle Sertoma Luncheon Meeting, Wed., Mar. 16, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma.org.
- **Drummers!** Wed., **Mar. 16**, 6:30-8 p.m., Yoga Pathways, Suite A, West End Center, 755 Hwy 105, Palmer Lake. Free and open to the public. Bring any kind of

- drum or other hand percussion instrument. Beginners welcome! Usually meets 3rd Wed. each month. Verify date & time: Char, 488-3138.
- VFW Auxiliary to Post 7829, Monument, Wed., Mar. 16, 7 p.m., Monument Hill Country Club, 18945 Pebble Beach Way, Monument. New members welcome. If you are a male or female relative of a veteran who served on foreign soil during war or other military action, you may be eligible. Meets 3rd Wed. each month. Info: Kathy Carlson, 488-1902, carlsonmkc@aol.com.
- Tri-Lakes Lions Club, Thu., Mar. 17, 6:30 p.m. social, 7-8 p.m. meeting, Sundance Mountain Lodge, 1865 Woodmoor Dr., Monument. Meets 3rd Thu. each month. Info: David Prejean, 434-7031.
- Palmer Lake Historical Society: Early Automobiles in the Pikes Peak Region, Thu., Mar. 17, 7 p.m., Palmer Lake Town Hall, 28 Valley Crescent. Dwight Haver-korn discusses the first autos in the area, early traffic ordinances, and more. The program is free to the public. Meets 3rd Thu. each month. Info: Pat McCarthy, 659-1363; www.palmerdividehistory.org.
- Little Log Kitchen Free Meal, Sat., Mar. 19, noon, 133 High St., Palmer Lake. Sponsored by Little Log Church every 3rd Sat. Info: 481-2409.
- Monument Hill Farmers Market Winter Indoor Market, Sat., Mar. 19, 9 a.m.-1 p.m., Grace Best, 66 Jefferson St., Monument. Many new vendors plus all your old favorites! Local honey, jams, pastries, cheese. Meets every third Sat. through April. Info: 592-9420.
- Senior Social, Wed., Mar. 23, 1-4 p.m., Fellowship Hall
 of the Black Forest Lutheran Church, 12455 Black Forest Rd. Meets 4th Wed. each month. Info: aarpchapter1100blackforest.weebly.com.
- Chess Nuts, Wed., Mar. 23, 5-9 p.m., Tri-Lakes Senior Center. Any age, any skill. Learners welcome. Drop in and leave when you want. Bring your own board and pieces if you have them. Meets 2nd & 4th Wed. each month. Info: www.trilakeshap.org/chess.
- Foot Care Clinic, Fri., Mar. 25, Senior Center located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides foot care advice, toenail trimming. Cost: \$30 for a 30-min. visit. Meets 2nd Wed. and last Fri. each month, by appointment only. Info & appointments: call the Visiting Nurse Association, 577-4448.
- Tri-Lakes MOMS Club Monthly Meeting, Fri., Apr. 1, 10 a.m., Palmer Lake Town Hall, 28 Valley Crescent. Normally meets 1st Fri. each month. Info: monument-momsinfo@gmail.com, https://m.facebook.com/MonumentMomsClub.
- Caregivers Support and Brainstorming Open House, Tue., Apr. 5, 2-4 p.m., Lifting Spirits Adult Day Center, 755 Hwy. 105 Unit C, Palmer Lake. Meets 1st and 3rd Tue. each month. Info: Linda, (303) 579-8114.
- American Legion Tri-Lakes Post 9-11, Tue., Apr. 5, 6:30 p.m., Depot Restaurant, Hwy 105 & Primrose St., Palmer Lake. New members welcome. Meets 1st Tue. each month. Info: 481-8668, www.americanlegiontrilakespost911.com.
- Gleneagle Sertoma Luncheon Meeting, Wed., Apr. 6, 11:45 a.m.-1 p.m., Liberty Heights, 12105 Ambassador Dr., (off Voyager Blvd in Colorado Springs). Interesting speakers and programs; all are welcome. Meets 1st & 3rd Wed. each month. Info: Garrett Barton, 433-5396; Duane Gritzmaker, 481-2424; www.gleneaglesertoma. org.
- Monument Homemakers Club Monthly Potluck Lunch & Meeting, Thu., Apr. 7, 11:30 a.m., Tri-Lakes Fire Department Admin. Bldg., 166 Second St., Monument. Meets 1st Thu. each month except Jan. and unless D-38 is delayed or closed due to bad weather. Newcomers welcome. For a ride to the meeting, call Faye Brenneman, 488-0076. RSVP & info: Irene Walters, 481-1188, or Bev Wells, 488-3327.
- Palmer Divide Quiltmakers, Thu., Apr. 7, 7 p.m., Church at Woodmoor, 18125 Furrow Rd. Meets 1st Thu. each month. Info: pdq504@gmail.com.
- Lupus Support Group. If you suffer with an autoimmune disease and want to connect with others, you are welcome to join this group. Info: dmbandle@hotmail.
- Myasthenia Gravis Association of Colorado Support Group. Location varies. For information, call Carolyn, 488-3620, www.4-mga.org, 303-360-7080, 4mga@4mga.org.

SPECIAL EVENTS

- Visions of Light Photography Exhibition Opening Reception, Fri., Mar. 4, 5:30-7:30 p.m., Tri-Lakes Center for the Arts, 304 Hwy 105, Palmer Lake. Celebrate the opening of this annual juried photography show that runs through Mar. 25. Info: 481-0475, info@trilakesarts.org, www.trilakesarts.org.
- Pikes Peak Outlaws Organizational Meeting, Sat.,